

# 2009 CALIFORNIA TRACK & FIELD

## CALIFORNIA TRACK & FIELD FACTS

Name .....	University of California
Location .....	Berkeley, Calif.
Founded .....	1868
Enrollment .....	34,953
Nickname .....	Golden Bears
Colors .....	Blue & Gold
Chancellor .....	Robert Birgeneau
Athletic Director .....	Sandy Barbour
Senior Associate Athletic Director (Sport Supervisor) .....	Foti Mellis
Home Facility .....	Edwards Stadium (22,000)
Men's 2008 Pac-10/MPSF Finishes .....	4th/2nd
Women's 2008 Pac-10/MPSF Finishes .....	T6th/4th
Men's Letterwinners Returning/Lost .....	26/10
Men's Newcomers .....	13
Women's Letterwinners Returning/Lost .....	28/6
Women's Newcomers .....	15

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## MEDIA CREDENTIALS

Please direct all requests/questions for media credentials to Tim Miguel in the media relations office. Requests should be made in writing by sports editors/directors on appropriate letterhead at least one week prior to the meet. Please fax (510-643-7778) or email the requests to tmiguel@berkeley.edu.

## INTERVIEWS/PRESS INFORMATION

A pre-game press release and complete set of results will be made available to members of the media covering Cal home track and field meets. These will also be available online at [www.CalBears.com](http://www.CalBears.com). All athlete and coach interviews, either in person or by telephone, must be coordinated through the Media Relations office with a minimum of one day's notice. Please call Tim Miguel at 510-326-9761 for more information.

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## CONTENTS

Quick Facts .....	1
2008 Outlook .....	2-5
Men's Roster .....	6
Women's Roster .....	7
Coaches .....	
Tony Sandoval .....	8
Ed Miller .....	9
John Rembao .....	10
Mike Gipson .....	11
Magdalena Lewy .....	12
Scott Slover .....	12
Volunteer Assistants .....	13
Staff .....	13
Men's Bios .....	14-20
Women's Bios .....	21-27
NCAA Standards .....	28
2007 Results .....	29
Men's Best Performances .....	30
Women's Best Performances .....	31
Outdoor Records .....	32
Freshman/Indoor Records .....	33
Big Meet History .....	34
Dual-Meet History .....	35
All-Time Top 10 .....	36-39
Edwards Stadium Records .....	40
Cal's NCAA History .....	41-43
Conference Champions .....	44-45
All-Americans/NCAA Champions .....	46
Olympians/Olympic Coaches .....	47
World Records .....	48
World Rankings .....	49
Don Bowden USATF Hall of Fame Inductee .....	50
California Hall of Fame .....	51
California Track & Field Tradition .....	52-53
California Olympians .....	54
Edwards Stadium .....	55
Academic Support Program .....	56
Strength and Conditioning .....	57
California Winning Tradition .....	58-59
The Bay Area .....	60-61
The University .....	62-63
Notable California Alumni .....	64

## CREDITS

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## WE ARE CALIFORNIA

When referring to any California athletic team, please use either "California" or "Cal" to denote the institution and "Golden Bears" or "Bears" when indicating the mascot. **Refrain** from using such names as UC Berkeley, California-Berkeley, Cal-Berkeley, Cal State Berkeley.

## 2009 SEASON OUTLOOK

### CAL LOOKS TO CARRY MOMENTUM FROM 2008 INTO 2009

**W**ith most of its top athletes returning from a successful 2008 campaign, the California track and field team returns to action in 2009, looking to carry its momentum from last year into this season. Tony Sandoval, the longtime coach for the Golden Bears, begins his second year as Cal's Director of Track and Field after ending his initial season as head coach with the Cal women finishing 22nd at the NCAA Championships. He looks forward to what could be a tremendous year for Cal.

"The key for us is to stay healthy and not overextend ourselves," Sandoval said. "I think we have some depth and some quality that will allow us to be on the upper echelons of the regional indoor meet at the Mountain Pacific and at the same time be competitive in the Pac-10, regionals and nationals as well. I don't necessarily want to think that we're rebuilding, but I think we can be as good, if not better, than we were last year if we keep things together."

Highlighting the 22nd-place finish for the Cal women was Katie Morgan's national championship in the pole vault. Martin Maric ended 2008 earning All-America honors in the discus and an NCAA West Regional title.

The 2009 squad will be armed with some superstar talent. Besides Morgan and Maric, among the other strong returners in 2009 is the 2008 100-meter hurdle champion Kimyon Broom, who was also an All-American last year as part of the 4x100-meter relay. All-American senior Ed Wright will compete in the indoor season only, as he takes one last crack at a national title.

### MEN'S TRACK

#### SPRINTS, HURDLES, RELAYS

Senior Jake Hanson will lead the sprinters and the hurdlers in '09, primarily running in the 400-meter hurdles in which he was a regional qualifier last year, advanced to the semifinals at the NCAA Outdoor Championships and qualified for the Olympic Trials. Also expected to perform well are fellow seniors Jordan Paul and Kellan Patterson.

Second-year assistant coach Mike Gipson has high hopes for Hanson as he looks for a strong senior campaign.

"My goals for Jake are to return to the NCAA Championships, and proceed further



**Jake Hanson**



**Mark Matusak**

in the NCAA Championships, as well as into postseason at the U.S. Nationals," Gipson said. "Jake ran 49.8 last year [in the 400 hurdles] and the goal this year is to go below 49 seconds."

Paul will specifically be picking up where Thomas Mack, a 2008 graduate, left off. Paul took third at the Pac-10 Championships and secured a personal-best, wind-aided time of 13.78. Gipson looks for Paul to qualify for the NCAA Outdoor Championships and take on a leadership role and mentor two incoming hurdlers, Ryan Holmes and Aaron Burney, who both were medalists at the California state meet a year ago.

Patterson and sophomore Keagan Wethington are two returners who Gipson will look to for adding depth to the sprints and relays.

"Keagan progressed well through fall training," Gipson said. "He did get an opportunity to run at the Pac-10 Championships with the 4x400 relay, and I think the exposure he got during the postseason has been his motivator through the fall and the winter, and I expect a good indoor and outdoor 400 for him."

"Kellan was fifth at the Mountain Pacific Indoor Championships and we're looking at him to gain upon that experience. He's going to finish higher at this year's MPSFs. He ran a 6.9 last year, and his goal this year is to run under 6.80 and qualify for the NCAA Championships indoors and outdoors."

Along with Patterson, Shane Vereen, a running back from the Cal football team, is expected to join the team in the indoor and outdoor seasons and contribute to the relays.

#### MIDDLE DISTANCE AND DISTANCE

Despite losing David Torrence to graduation, according to Sandoval, the Bears are stacked at distance and middle distance in 2009 with seniors Mark Matusak, Sean Carey and Francis Gadayan, and junior Yosef Ghebray leading the way. Gadayan, who redshirted last season, was a distance medley relay All-American in 2007. Sandoval is looking for Gadayan to run like he did two years ago.

"I think we have our strength and numbers are in the middle distances," Sandoval said. "We have an All-American coming back in Francis Gadayan. He was redshirted last year. But he was on the DMR that was second at nationals indoors a couple of years ago."

Also in the mix is sophomore Michael Coe, who won claimed an MPSF title last season in the 3000. Cal's other distance run-



ners include Matusak, who competed in the NCAA West Regional in the 1500 as a junior, sophomore and as a freshman. Last season he advanced to the NCAA Championships in that event after clocking in at 3:43.37 at the regional last year."

Ghebray comes into the track season with some momentum after earning All-America honors last fall in cross country. Ghebray, who will most likely run the 5000 and the 10,000, regionally qualified last year in the 5000 after earning 14:10.11 at the Payton Jordan Cardinal Qualifier. Also returning is sophomore Kari Karlsson, who was a regional qualifier a year ago and set the freshman record in the 10,000 at 29:28.05.

"We do have Yosef Ghebray, who had a breakout season in cross country, and he's going to run the 5,000 and 10,000 and probably run a little bit of the 3,000 and 5,000 indoors. Of course there's Kari Karlsson, who was third last year at the Pac-10 Championships and had an NCAA qualifying mark in the 10,000. We expect him to run very well."

Steve Sodaro returns to run the steeplechase for the Bears this season. Matthew Kelley Miller was a regional qualifier in that event last year, but will redshirt this season.

Sandoval also has a few newcomers this season who he is very excited to see on the track.

"We have a number of freshmen of note that I think we were really lucky to get," Sandoval said. "One was Sebastian Sam in the 800. He's possess more natural speed of any 800 runner I've coached, so I expect big performances from him. We've also got Brad Surh and James Attarian both of who were miles in High School. Surh ran a 4:08 as a junior and a big upside for him. Attarian was a Foot Locker National qualifier in high school. He missed most of his outdoor season with a broken foot. We redshirted him so he would be fully healed for the 2009 outdoor season. This trio is the foundation for the future. Once again the middle distances and distances are going to be an area where we're going to shine as far as the Golden Bears are concerned."

## VERTICAL AND HORIZONTAL JUMPS

Arguably one of the best high jumpers in the nation, All-American Ed Wright, returns for the indoor season in 2009. Wright, who finished last season ranked No. 5 in the nation, earned the third All-America honor in his collegiate career last season in the

indoor campaign, and Cal associate director Ed Miller says Wright could be in store for a special indoor season.

"He is in better shape mentally, physically and technically than ever before," Miller said. "He has had phenomenal practices. His goal is to get to NCAAAs and get to that top step. The practices that we have had and the way he is jumping over the bar right now shows me that he is ready for some big things. Being that he only has an indoor season



**Kyle Mills-Bunje**

and not an outdoor season, he is taking advantage of it to get everything out of it he possibly can."

Besides the accomplishment of an NCAA championship, Wright has his sights set on the record books, as well. He hopes to surpass his old high school coach, Jeff Rogers, on the Bears' all-time list for the high jump. Rogers, who was coached by Miller while a student-athlete at Cal, currently sits atop the Bears' leaderboard in the event with a mark of 7-5.75. Wright posted his lifetime-best mark of 7-3.25 at the NCAA West Regional last season, which tied him for seventh on the Bears' all-time chart.

Working with the Cal men's and women's pole vaulters this season is third-year assistant coach and former UCLA star Scott Slover.

Junior Ryan Shuler will lead the pole vaulters in 2009. Slover said Shuler is off to a great start thus far and he sees him improving on his fifth-place finish at the Pac-10 Championships and doing well at the NCAA Championships. Shuler, who became the first high school freshman to win the California state championship in 2003, was ranked No. 2 in California in the outdoor pole vault as a senior at Granite Bay High School.

One newcomer that Slover is excited about is Justin Miller from California High School. Miller jumped 17-0 last year when he was

one of the best high school vaulters in the nation. Slover expects him to compete at the NCAA-Championship level in the coming years.

Slover also has high expectations for redshirt freshman Cameron Kroll.

"We have a strong returning young vault crew," Slover said. "We expect Cameron, when healthy, to play a big roll even at the national level. He had hip surgery early this fall, however, is expected to be 100 percent by the end of indoors. Cameron is extremely talented, and if all goes well, he could be a huge factor at the Pac-10 and NCAA Championships."

## THROWS

Martin Maric headlines a strong group of throwers that accomplish a lot in 2009. Javelin, in particular, should feature good results with the trio of Maric, junior Ryan Young and sophomore Colin Kennedy leading the way.

Maric, a 2008 All-American in the discus, represented Croatia in the discus at the 2008 Olympic Games in Beijing, China, last summer. Maric claimed the 2008 NCAA West Regional title in the discus and was the runner-up at the Pac-10 Championships. He also qualified for the outdoor national championships in the javelin.

"I expect that he will be one of the guys you look at to potentially win a national title," Miller said. "The experience alone from the Olympics makes him a more mature and seasoned thrower. He is already stronger. His abilities to communicate and listen are already at a very high level."

Young looks to have fully recovered from injuries from two years ago. According to Miller, Young is stronger and faster, and is already well ahead of where he was at this point last year. Young took second in both the NCAA West Regional and the Pac-10 Championships last year.

Cal lost Craig Kent, one of the Bears' top athletes in the shot put in 2008, to graduation, but sophomore Patrick Kowalsky looks to fill that void after having a strong freshman campaign. Miller said that Kowalsky will be facing some tough competition in the conference, but he thinks Kowalsky will do well.

"Pat has done a really good job," Miller said. "Training is going very well. He is much stronger. Technically he is way ahead of where he was last year. He will take over the shot put duties and I think he will represent himself very well as a youngster."

Along with Maric and Young, Cal should be strong on the men's side in the throws in 2008.

## DECATHLON

Back in 2009 is sophomore Kyle Mills-Bunje, who had a good freshman season after coming back from redshirting in 2007 due to injury. Along with Mills-Bunje will be redshirt freshman Kevin Kuechler.

Mills-Bunje took seventh in the decathlon in the Pac-10 Championships last year, recording new personal bests in the 1500 meters and the javelin along the way. Miller expects Mills-Bunje to emerge onto the national scene in 2009.

"He has really focused on training this year," Miller said. "He is more committed to becoming a better decathlete this year. I think he will be one of the top kids in the Pac-10 this year and should make the national meet."

## WOMEN'S TRACK

### SPRINTS, HURDLES, RELAYS

The Cal women had a lot of success in the sprints and relays a year ago, highlighted by the 4x100-meter relay recording the second-best time in school history at the 44.32. The All-America relay consisted of senior Kandi Bonty, juniors Kimyon Broom and Kristin Holmes, sophomore Cherrelle Garrett and sophomore Kayla Dixon as the alternate. Gipson is hoping to catapult off that success from last year for more good performances in 2009.

"We're very proud of that effort and that we were the only team west of El Paso, Texas, to make it to the finals," Gipson said. "The excitement throughout the department, with our alumni, with our current team, our incoming freshmen, and in recruiting is a big sell to keep riding into the future to build on."

With that team this year, with everyone coming back, we really are focused on No. 1 running under 44 seconds, setting the all-time mark here at Cal, and being back on the medal stand at the NCAA championships."

That wasn't the only success that Broom had last year, as she also claimed the Pac-10 title in the 100-meter hurdles in a school-record time of 13.17. Broom also ran at the U.S. Olympic Trials.

"We see Kimyon going to the NCAA Championships indoors and outdoors and potential becoming a championship finalist. Her goal, which she writes down every day, in chalk, on the track before we start any hurdle practice, is 12.86. That's the goal that we both agreed on."

Another record setter in 2008 was Garrett, who set the freshman record in the 100 at 11.41, which also ranks her as the second fastest Bear in school history. Garrett also currently ranks sixth on the school's all-time list in the 200 at 23.73. Gipson said Garrett's



*Evelyn Smith*



*Brook Turner*

goals for this season are to outright qualify for the NCAA Indoor National Championships win conference title and advance further into the outdoor national championships.

There are two key newcomers that Gipson is excited about, Emani Truluck and Robyn Hunte, a junior-college transfer from Laney College where she was part of the squad's state championship team as well as state champion in the 400 relay and state champion in the long jump.

"She's going to add depth, first off in the sprints and in the 400 relay," Gipson said. "Even though we have the four young ladies back for the year ago, Kayla (Dixon) and Robyn (Hunte) are viable substitutes for that relay team."

## MIDDLE DISTANCE AND DISTANCE

The Bears will definitely miss Alysia Johnson, Cal's six-time All-American, but Sandoval said he has a good group of runners who he thinks can fill the void from the departed Johnson. Taking Johnson's place in the leadership role will be senior Mackenzie Pierce, a regional qualifier last year in the 800 and the 1500. Freshman Brazile Clark is an incoming runner that Sandoval is excited to see on the track and has high hopes for.

As a senior in high school, Clark was ranked No. 10 in that 800, with a time of 2:11.74.

Sophomore Chelsea Reilly and redshirt freshman Taylor Bryson are two runners Sandoval is familiar with on the Cal cross country team, and he sees them making big contributions to this year's team.

"Chelsea was an outstanding high school miler coming out of Davis High School, and I think that she's got the ability to be a Pac-10 and beyond level athlete," Sandoval said.

Sophomore Alison Greggor is another returner who comes into the season after having a strong cross country season, and Sandoval hopes she can carry that success onto the track.

Junior Rowena Tam returns in the 3000-meter steeplechase in which she was a regional qualifier as well (10:37.28).

Sandoval said he has a number of people in mind – possibly freshmen Deborah Maier and Keena Kohl – to run the 5,000 and above.

"I think Deborah Maier was our No. 1 runner in cross country, although she did run the mile in high school," Sandoval said. "She might be able to go back and forth between the mile and the 5000. But we also have Keena Kohl and Alison Greggor, who ran very well in cross country, and we're going to take a very hard look at their contributions in both indoor and outdoor."



## VERTICAL AND HORIZONTAL JUMPS

You can't talk about Cal's jumpers without first mentioning the 2008 NCAA outdoor pole vault champion, Katie Morgan. Morgan had a remarkable 2008 season, as in addition to her national title, she set the school record five times. Her current personal best is 13-11.75.

"The pressure and expectations from the outside will follow her all season long regardless of how hard she tries to ignore it," said Slover. "I want Katie to embrace it, welcome it and thrive on it. My expectations for Katie are simple: train smart, train hard

and go into every meet with a fiercely competitive attitude. As for the most common

question, 'Can she defend her NCAA title?' My answer is, 'Yes, she can.' Katie is the best big-meet competitor I have ever coached."

Morgan isn't Cal's only strong pole vaulters as sophomore Allison Stokke returns after setting the freshman record at 13-5.75, set at the Pac-10 Championships. The coaches have been so impressed with Stokke thus far that they believe she has the capability to achieve the same goals that Morgan has set for herself.

"I expect a lot out of Allison this year," Slover said. "She is phenomenally talented and she is faster, stronger and more confident than ever before. One of the biggest factors contributing to Allison's success and her ability to go to the next level is her roommate and training partner Katie Morgan."

All-American senior Inika McPherson and junior Kristen Meister, an All-American as a freshman at Davidson College, return for a strong one-two punch in the high jump. Both McPherson and Meister were regional qualifiers with the same mark of 1.78 meters.

"Inika has looked great in practice," assistant coach John Rembao said. "I could see her very easily making it to nationals. Kristen is looking really good. She worked through a lot of technical changes in the fall. She has looked fantastic in practice. Her strength levels are up. She is faster. She is doing a fantastic job working."

Another area where the Bears are strong is triple jump, the event in which they had four regional qualifiers last season. Senior Artensia Young and junior Mercedes March-

banks will lead the group this year. Rembao also sees incoming freshman Amanda Hunter playing an important role for the triple jumpers.

"They are both doing a really great job," Rembao said of Young and Marchbanks. "Artensia has had a couple of little injuries along the way. Mercedes did a fantastic job this fall. I see her making a huge breakthrough this year, in the triple jump in particular, but she is also looking good in the long jump as well. I see her and Artensia, as well as our freshman Amanda Hunter, leading our triple jump group."



Kristen Meister

Young will also be a valuable contributor for the long jump. Jacquelyn Lewis, a transfer from UC Riverside has been a pleasant surprise thus far for Rembao in the long jump.

## THROWS

Cal will once again be young in throws this season, but should be more competitive than a year ago with sophomore Kiely Smith returning for her sophomore campaign. Smith will primarily compete in the hammer, but according to Miller, she will also throw discus in the outdoor season. Last year, Smith recorded a season-best hammer throw of 161-01 (49.09m) at the Stanford Invitational. Joining Smith is redshirt freshman Linda Oseso, who will compete in the hammer with Smith and will also participate in the shot put. Both Smith and Oseso are under the training of new volunteer assistant coach Zech Whittington.

"The are still absorbing what coach Whittington is teaching them," Miller said. "Again, they are both young but capable of competing at the Pac-10 level and being a factor."

The key newcomer will be freshman

Kendall Morris, who will sit out the indoor season and join the squad outdoors. Morris brings personal-best marks of 152-0 in the discus and 38-0 in the shot put to Cal. She also posted a 149-3.00 in the discus to take fifth place in the 2008 California State Track and Field Championships.

## HEPTATHLON

Cal's veteran in the heptathlon, senior Tifani Grimes, is currently nursing an injury and hopes to join the team in the outdoor season, according to Rembao.

Grimes was the Bears' top combined women's athlete last year, as she scored an a total of 4,863 points at the Pac-10 Multi-Event Championships.

As a second option Rembao is looking to sophomore Veronica Stimson in the multis. Stimson primarily is a pole vaulter, so Rembao said the coaches are currently exploring the option.

Junior Kristin Holmes and sophomore Dantia Hudson also have some experience in the multis, as they represented the Bears in the Cal Multis last season.

## SCHEDULE

Cal has put together another competitive schedule this season, both indoors and outdoors, with an emphasis on displaying

not just the Bears' talented athletes in Berkeley, but also the nation's prominent athletes. Sandoval has taken Cal's big annual meet, the Brutus Hamilton Invitational, and turned it into a huge national meet, and not just at the collegiate level. Sandoval has escalated the meet to where collegiate and professional athletes will all come together and post strong performances towards qualifying for the NCAA Championships and the U.S. Track and Field Championships.

"The Brutus Hamilton meet has really evolved into being one of the elite meets in the United States," Sandoval said. "We're getting sponsorship and funding for that from a variety of sources, and it allows our people to run at home and also has a way of also promoting Bay Area track and field. I think its going to be a signature event for us and focal point for our program to have a great meet like the Brutus Hamilton Invitational."

The Bears will host two competitions this season, a quad meet including Stanford, UC Davis and Fresno State on March 7, and the Brutus Hamilton Invitational April 24-25. Cal will also renew its rivalry with Stanford in the Big Meet on Saturday, April 18, on the Farm.

# MEN'S 2009 TRACK & FIELD ROSTER

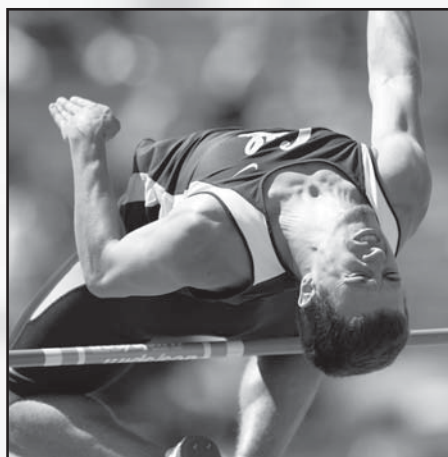
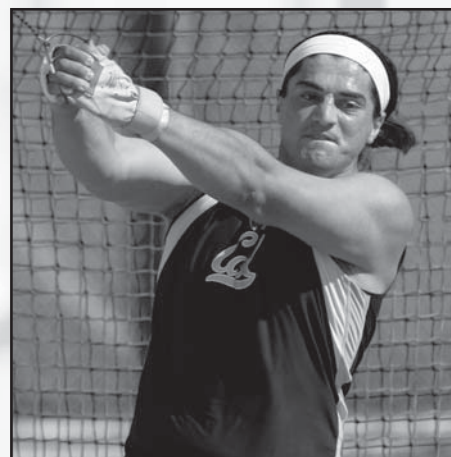

**Jake Hanson**

**Eric Lee**

**Kellan Patterson**

NAME	EVENT	YR	EXP	HOMETOWN (Previous School)
James Attarian	1500-5000	Fr.	HS	Dublin, CA (Dublin HS)
Nate Beach	5000-10,000	Fr.	HS	Lafayette, CA (Acalanes HS)
Jahvid Best	100-200	Fr.*	HS	Vallejo, CA (Salesian HS)
Dan Brown	5000-10,000	Fr.	HS	Calabasas, CA (Loyola HS)
Aaron Burney	110 HH	Fr.	HS	Roseville, CA (Granite Bay HS)
Sean Carey	800-1500	Sr.*	2V	Albany, CA (Albany HS)
Brian Carmichael	HJ	Fr.	HS	San Jose, CA (Oak Grove HS)
Maxime Chevee	5000	Fr.	HS	St. Julien en Genevois, France
Michael Coe	1500-800-5000	So.	HS	Lompoc, CA (Cabrillo HS)
Francis Gadayan	800-1500	Sr.*	1V	San Francisco, CA (Riordan/CC S.F.)
Yosef Ghebray	5000-10000	Jr.*	1V	Union City, CA (Logan HS)
Jake Hanson	400 H-400	Sr.	2V	Yelm, WA (Yelm HS)
Ryan Holmes	110 HH-400 IH	Fr.	HS	South Pasadena, CA (Loyola HS)
Austin Jett	800-1500	Fr.*	HS	Bonita, CA (Eastlake HS)
Kari Karlsson	5000-10000	So.	1V	Reykjavik, Iceland (Reykjavik University)
Colin Kennedy	Javelin	So.	1V	Santa Barbara, CA (Laguna Blanca HS)
Tojsh Kennedy	200-400	So.	1V	Hawthorne, CA (Bishop Montgomery HS)
Dmitry Kislyuk	1500 m	Fr.	HS	San Ramon, CA (California HS)
Patrick Kowalsky	SP-Discus	So.*	1V	Denver, CO (J.K. Mullen)
Cameron Kroll	Pole Vault	Fr.*	HS	Reno, NV (Reno HS)
Kevin Kuechler	Decathlon	Fr.*	HS	Mission Viejo, CA (Mission Viejo HS)
Eric Lee	1500-800	Sr.*	3V	San Rafael, CA (Sir Francis Drake HS)
Martin Maric	Javelin-Discus	Sr.	1V	Split, Croatia (U. of Georgia)
Mark Matusak	1500-5000-800	Sr.	3V	Torrance, CA (Loyola HS)
Antony Milin	3000 SC-5000	Fr.	HS	Los Angeles, CA (Loyola HS)
Justin Miller	PV	Fr.	HS	San Ramon, CA (California HS)
Matt K. Miller	3000 SC-1500	Sr.	2V	Manhattan Beach, CA (Loyola Prep)
Matt H. Miller	5000-10000	So.	HS	Orange, CA (El Modena HS)
Kyle Mills-Bunje	Decathlon-PV	So.*	1V	Menlo Park, CA (Saint Francis HS)
Miles Palacios	Shot-Dis-Ham	Sr.	1V	Lafayette, CA (Diablo Valley College)
Nick Palladino	800-1500	So.	HS	San Carlos, CA (Carlmont HS)
Kellan Patterson	100-200	Sr.	1V	Alameda, CA (Berkeley HS/CCSF)
Jordan Paul	110 H-100	Sr.	2V	Los Angeles, CA (Loyola Prep)
Nick Porter	100-200	So.	1V	Sherman Oaks, CA (Notre Dame HS)
Dom Powell	HJ	Fr.	HS	San Jose, CA (Palo Alto HS)
Sebastian Sam	400-800	Fr.	HS	San Jose, CA (Oak Grove HS)
Ryan Shuler	PV	Jr.	1V	Granite Bay, CA (Granite Bay HS)
Steve Sodaro	3000 SC	So.*	1V	Tiburon, CA (Redwood HS)
Andrew Stevens	PV	Sr.*	2V	Palos Verdes, CA (PV Peninsula HS)
Brad Surh	800-1500	Fr.	HS	San Carlos, CA (Carlmont HS)
Joey Thomas	800	So.	HS	Lafayette, CA (Acalanes HS)
Shane Vereen	100-200	Fr.*	HS	Valencia, CA (Valencia HS)
Keagan Wethington	200-400	So.	HS	Union City, CA (Logan HS)
Ed Wright	HJ	Sr.	3V	Oakland, CA (St. Mary's HS)
Ryan Young	Javelin	Jr.*	1V	Silverdale, Wash. (North Kitsap HS)

\* Utilized redshirt year

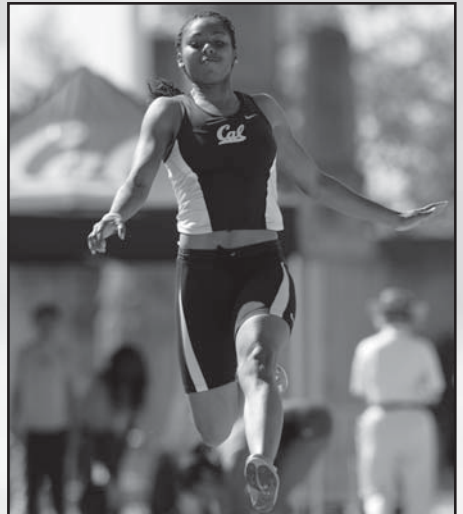

**Kyle Mills-Bunje**

**Miles Palacios**



# WOMEN'S 2009 TRACK & FIELD ROSTER

NAME	EVENT	YR	EXP	HOMETOWN (Previous School)
Herdís Arnalds	800-1500	Fr.	HS	Kopavogur, Iceland (Commercial College of Iceland)
Natalya Beneby	400 H-400	So.	1V	Nassau Bahamas (St. Andrew's School)
Kandi Bonty	100-200-400	Sr.	3V	Los Angeles, CA (James Monroe HS)
Kimyon Broom	100H-100	Jr.	2V	Inglewood, CA (Serra HS)
Taylor Bryson	1500-5000	Fr.*	HS	Costa Mesa, CA (Newport Harbor HS)
Brazile Clark	400-800	Fr.	HS	Castro Valley, Calif. (Bishop O'Dowd HS)
Michelle Davis	5000	Fr.	HS	San Rafael, Calif. (San Rafael HS)
Taylor Dutch	5000	Fr.	HS	Newport Beach, Calif. (Orange Lutheran HS)
Kayla Dixon	100-200	So.	1V	Winnetka, CA (Grover Cleveland HS)
Crystal Esparza	Distance	Fr.	HS	Riverbank, Calif. (Fred Beyer HS)
Shannon Forbes	400 H-100 H	So.	1V	Rancho Palos Verdes, CA (Peninsula HS)
Cherrelle Garrett	100-200	So.	1V	Hayward, CA (Mount Eden HS)
Cyrena Giordano	Pole Vault	So.	HS	Redwood Shores (St. Ignatius College Prep)
Alison Greggor	1500-5000	So.*	1V	Novato, CA (San Marin HS)
Tifani Grimes	Heptathlon	Sr.*	2V	Sacramento, CA (St. Francis HS)
Kristin Holmes	Heptathlon	Jr.	2V	Claremont, CA (Claremont HS)
Danielle Hoolko	Heptathlon	So.	HS	La Jolla, CA (La Jolla HS)
Dantia Hudson	Heptathlon	So.	HS	Oakland, CA (Skyline HS)
Araceli Huerta	5000-10000	Sr.	TR	Anaheim, CA (Orange CC)
Robyn Hunte	100-200-LJ	Jr.	TR	Antioch, CA (Laney CC)
Amanda Hunter	TJ-LJ	Fr.	HS	Inglewood, CA (Marlborough HS)
Hayley Huxtable	400-200	So.	1V	Santa Cruz, CA (Scotts Valley HS)
Ellie Keene	5000	Fr.	HS	Vista, Calif. (Rancho Buena Vista HS)
Keena Kohl	5000	Fr.	HS	Yorba Linda, CA. (Esperanza HS)
Jackie Lewis	100-LJ	So.	TR	Fresno, CA (Hoover HS)
Debra Maier	1500-5000	Fr.	HS	Cameron Park, Calif. (Ponderosa HS)
Mercedes Marchbanks	TJ-LJ	Jr.*	1V	Redwood City, CA (Sequoia HS)
Kristen Meister	High Jump	Jr.	1V	Toledo, OH (Davidson)
Inika McPherson	High Jump	Sr.	2V	Port Arthur, TX (Memorial HS)
Nassim Mirreghabie	Pole Vault	Fr.	SQ	Vista, CA (Vista HS)
Katie Morgan	Pole Vault	Sr.*	2V	Tempe, AZ (Corona del Sol HS)
Kendall Morris	Throws	Fr.	HS	Modesto, CA (Beyer HS)
Linda Oseso	Hammer	Fr.*	HS	Santa Clara, CA (Santa Clara HS)
Mackenzie Pierce	800-1500	Sr.	2V	Winston Salem, NC (Forsyth Country Day)
Theresa Raub	Pole Vault	Jr.	1V	Arlington Heights, IL (Prospect HS)
Chelsea Reilly	1500-800	So.	HS	Davis, CA (Davis Senior HS)
Gabriela Rios-Sotelo	1500-5000	Jr.*	1V	Berkeley, CA (St. Mary's HS)
Evelyn Smith	400 H-400	Sr.	2V	Hayward, CA (Hayward HS)
Kiely Smith	Hammer	So.	1V	San Jose, CA (Valley Christian HS)
Tracey Stewart	TJ-LJ	So.*	1V	Richmond, CA (James Logan HS)
Veronica Stimson	Pole Vault	So.	HS	Fair Oaks, CA (Bella Vista HS)
Allison Stokke	Pole Vault	So.	1V	Newport Beach, CA (Newport Harbor HS)
Rowena Tam	3000 SC-5000	Jr.	1V	San Diego, CA (University City HS)
Emani Truluck	100H-100-200	Fr.	HS	Malibu, CA (Malibu HS)
Brook Turner	200-400	Sr.	3V	Beachwood, OH (Hawken School)
Francesca Weems	800-400	Sr.	2V	Kailua-Kona, HI (Kealakehe HS)
Artensia Young	LJ-TJ-Hurdles	Sr.*	2V	Los Angeles, CA (Junipero Serra HS)

\* Utilized redshirt year



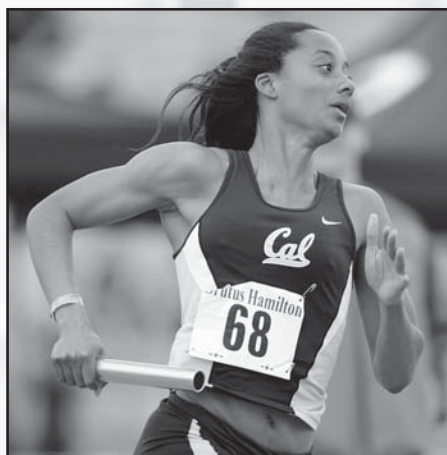
**Mercedes Marchbanks**



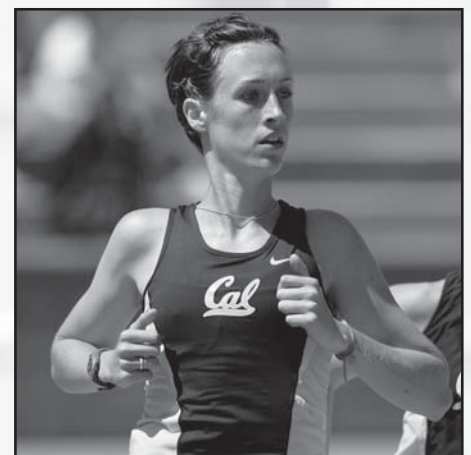
**Allison Stokke**



**Alison Greggor**



**Brook Turner**



**Mackenzie Pierce**

# DIRECTOR OF TRACK & FIELD



**TONY SANDOVAL**  
*Director of Track and Field /  
 Head Cross Country Coach  
 27th Year at California*

Tony Sandoval, a familiar name in San Francisco Bay Area track and field circles, begins his 27th year of association with the California track and field program and his second as the Director of Track and Field, after serving numerous seasons as the associate director of track and field. Sandoval previously served 10 years as Cal's head women's coach prior to the merger of the men's and women's programs into a single entity.

Sandoval specializes in coaching men's and women's distance events, 800 meters and above, as well as cross country. His expertise extends to meet management also, as he has a wealth of experience conducting major cross country and indoor and outdoor track invitational. Sandoval was a member of the NCAA Track & Field Rules Committee (1981-88) that directs all three Division I championship meets.

Under his tutelage, members of the Cal women's team earned All-America honors on 26 different occasions. Sandoval added All-America honors outdoors (two) and indoors (one) in 2008, with Katie Morgan winning the pole vault and the women's 4x100-meter relay placing eighth at the NCAA Outdoor Championships. Bears star Alysia Johnson placed third in the 800 meters in last season's NCAA Indoor Championships. Johnson ended her Cal career with six such honors, garnering All-America status both indoors and outdoors in 2007 and 2006 and earning the honor once outdoors in 2005. Chloe Jarvis earned indoor All-American honors in the 800 meters in 2005. He also added Erin Belger to the list of All-Americans, as Belger finished third in the 800 at the 2002 NCAA Championships. In cross country, Bridget Duffy earned All-America honors under Sandoval in 2003.

The Bears finished in the top 20 three times between 1987 and 1990, in addition to taking fourth at the 1990 NCAA Indoor Championships. Cal scored a school-record 23 points

at the 1990 outdoor meet to claim 11th place, tying the 1987 team for the program's highest finish ever.

Other athletes Sandoval has coached include 2000 Olympian and All-American Bolota Asmerom; six-time All-American Richie Boulet; three-time middle distance All-American and AIAW 800m champion Louise Romo; Kirsten O'Hara, an All-American in cross country, 5000 and 10,000; Elissa Riedy a two-time All-American in the 1500 and once in cross country; Laura Baker, an All-American in the 800m; Sally Wood, All-American in the 5000; Sabrina Han, All-American in the 10,000; and Magdalena Lewy, an All-American in the 5000 and one of the United States' top long distance runners who competed in the 2008 Olympics in the marathon and placed fifth in the marathon at the 2005 U.S. Olympic trials; All-American Tenaya Soderman in the 10,000; Susan Vigil, an 800-meter national champion at New Mexico.

Sandoval has coached cross country runners to All-America honors 10 times: Yosef Ghebray, Marilyn Davis, Riedy, O'Hara (three times), Duffy, Boulet, Wood and Han. In addition, Boulet earned indoor All-America honors in the 3000 three times and Lisa Lopez was an indoor All-American in the mile.

The 1986 NorPac Conference Track and Field Coach of the Year, Sandoval serves as Cal's head cross country coach, a role he also filled for the women's program before the merger. In 2007, Sandoval guided the men's cross country team to its first appearance as a team to the NCAA championships. In 1993, under Sandoval's guidance, Boulet became Cal's second All-American in men's cross-country. Sandoval guided the women's program to a pair of top 20 finishes in 1984 and 1988. In their first NCAA appearance in 1984, the Bears finished 15th nationally. Cal returned as a team in 1988 to take ninth place.

Sandoval has more than 30 years of coaching experience, having begun his career a year out of college by developing the Duke City Dashers track club in Albuquerque, N.M. DCD became a "super club" with numerous

national level and record-breaking boys and girls age-group athletes in cross country and track and field. Many of those age groupers developed into national level AAU and collegiate runners. In 1972, three DCD athletes coached by Sandoval were Olympic trial finalists. Under Sandoval, Lynn Bjorklund was DCD's most accomplished runner, winning three AAU cross country championships and two AAU two-mile championships. Bjorklund was world ranked in the two mile/3000 in 1974 and 1975 and remains the national high school record holder for the 3000.

Sandoval started his collegiate coaching career with New Mexico's women's team in 1975, serving as an assistant before taking over the head coaching duties. His UNM track team finished as high as ninth nationally. He also developed 10 All-Americans, including long distance and cross country runner Karen Crammond, middle distance runners Regina Draminga of Uganda and Tecla Chemabawi of Kenya, and 1979 800m national champion Vigil (a former DCD runner) during his eight years with the Lobos.

Active in all areas of amateur track and field, Sandoval served as the head coach for the 1995 U.S. Junior Pan American women's track and field team, which competed in Santiago, Chile. He also served as an assistant coach for the U.S. team at the 1991 Pan American Games in Cuba. Formerly the long distance coordinator for women for the Olympic Development subcommittee of the AAU, Sandoval has had four U.S. national team assignments, including the head coaching position for a U.S. junior team that competed in Cuba and Canada in 1987. In addition, Sandoval was the head coach for United States at the World Cross Country Championships in Glasgow, Scotland (1978), and Madrid, Spain (1981).

A 1968 graduate of New Mexico, Sandoval was a three-year letterwinner in cross country and track and field for a Lobo team that won two Western Athletic Conference titles in cross country and three conference championships in track and field. Sandoval competed in the mile, two mile and steeplechase events, and he was an all-time top 10 performer in both the mile and two mile.

Sandoval attended Albuquerque High School in New Mexico and won the 1962 state cross country title and captured the 1963 state 880 yard championship.

Sandoval received a double master's degree from UNM in exercise physiology and guidance and counseling in 1974. He taught in the undergraduate physical education department at UNM while working on a Ph.D. in sports psychology.

Sandoval and his wife, Barbara, reside in Pleasant Hill with their daughters, Lisa and Marcy. Lisa is a Cal graduate and a former Cal track athlete. Marcy currently attends Diablo Valley College.

## SANDOVAL'S CAL WOMEN'S HEAD COACHING CAREER

Year	W	L	Conference	NCAA
1983	0	1	3rd (NorPac)	49th
1984	3	3	3rd (NorPac)	38th
1985	1	4	4th (NorPac)	40th
1986	3	2	3rd (NorPac)	31st
1987	4	4	7th (Pac-10)	T11th
1988	2	5	7th (Pac-10)	T17th
1989	5	4	8th (Pac-10)	57th
1990	6	1	4th (Pac-10)	11th
1991	1	4	8th (Pac-10)	DNS
2008	0	1	T6th (Pac-10)	T22nd
<b>Totals</b>	<b>25</b>	<b>29</b>	<b>(.462, 10 seasons)</b>	



## ASSOCIATE DIRECTOR OF TRACK & FIELD



**ED MILLER**

*Associate Director of Track and Field  
Field Events-Multi Events  
26th Year at Cal*

Ed Miller begins his 26th year as the Associate Head Coach at California. Throughout his storied career, Miller has earned both a national and international reputation for his success on the field. He is considered one of the premier multi-event coaches in the world and has served United States Track & Field on four international trips, including the 2003 IAAF World Championships in Paris, France, as an assistant coach. As a member of USATF's Development Committees, Miller served as the National Coordinator for the long jump and also was the Regional Coordinator for the high jump.

A former NCAA decathlon champion and All-American for the Golden Bears, Miller assists in the administration of the program, in fundraising and in meet management.

Miller's latest honor was his 2006 induction into the Diablo Valley College athletic hall of fame as a member of its first class. In 2002, Miller received one of his greatest honors when he was inducted into Cal's Hall of Fame.

Miller has coached a number of outstanding athletes at Cal, including high jumpers Ed Wright and Inika McPherson. Wright is two-time Pac-10 champion, a 2007 NCAA West Regional champion

and a three-time All-American. McPherson, also a 2007 All-American, was at one time ranked fifth in the nation, came in fourth at the USA championships and took sixth at the 2007 NCAA Outdoor Championships. Miller has also coached South American record-holder Ramon Jimenez-Gaona (Paraguay, discus), 2008 Olympian and current Cal athlete Martin Maric (Croatia, discus) and Cal decathletes Bevan Hart (2000 NCAA champion and 1999-2000 Pac-10 champion) and Ross Bomben (1996 NCAA runner-up and 1998 Pac-10 champion). On the women's side, Miller coached a number of outstanding multi-eventers, including 1995 All-American Tiffany Janssen, 1995 Pac-10 champion Ifeoma Ozoeze, 2000 Pac-10 champion and All-American Missy Vanek, and heptathlete Brooke Meredith (indoor and outdoor All-American and MPSF indoor champion.)

In addition to Jimenez-Gaona, a three time NCAA runner-up and school-record

***Ed Miller won the NCAA decathlon title as a senior at Cal in 1976.***

holder in the discus at 210-11, Miller has tutored Kari Nisula, the 1988 NCAA discus champion, the only three-time Pac-10 pole vault champion and a 1992 NCAA runner-up; All-American Brent Burns (holds Cal pole vault record of 18-8.25); All-American Clarence Phelps (2nd in the pole vault at the 1997 NCAA championships at 18-0.50); All-American Jeff Rogers (holds Cal high jump record of 7-5.75); Pac-10 high jump and triple jump champion Mike Harris (All-American in 1990); two-time Pac-10 high jump champion Kevin Keane; and high jumper Teak Wilburn (indoor and outdoor All-American and indoor conference and outdoor Pac-10 Champion). Miller's athletes have earned 24 All-America honors.

A native of nearby Pleasant Hill, Calif., Miller was a two-year letterman at California in 1975 and '76. As a senior, he captured the 1976 NCAA decathlon title in Philadelphia, Pa., scoring a then school-record 7,443 points. That score broke a 42-year-old record of Olympian Bob Clark and presently ranks sixth on the all-time list at Cal. Miller continued competing past college, including at the 1976 and '80 U.S. Olympic Trials.

Prior to returning to Cal as a coach, Miller taught, coached track and field and coached women's basketball at Los Medanos College in Pittsburg, Calif.

He and his wife, Sheila, make their home in Antioch, Calif. Their son, Eddie, currently plays for the Cal men's basketball team. Their daughter, Jennifer, graduated from the Haas School of Business in 2004.





## GOLDEN BEAR COACHING STAFF



### JOHN REMBAO

*Director of Operations*

*Horizontal Jumps, Women's Heptathlon,  
Long Jump, Triple Jump and High Jump  
2nd Year at Cal*

John Rembao was named Assistant Coach and Director of Operations for California Track & Field in September of 2007. After coaching at Cal Poly (San Luis Obispo), Arizona, Texas, SMU, and Stanford, Rembao brings a tremendous amount of experience and an extended list of track and field and cross country achievements to Cal. In addition to his 24 years of coaching experience, Rembao has served as the USA Track and Field Women's High Jump Development Coordinator for 10 years.

Rembao's diverse coaching skills have enabled him to coach athletes to high levels in the jumps, combined events and distances. He has coached four Olympians, five World Championship competitors, 15 NCAA individual champions, a collegiate record holder, and 90 All-Americans. In addition to his individual successes, he has helped his athletes garner 23 conference and 11 NCAA team championships. He is well known for his expertise in the high jump, where he has coached many male and female high jumpers to high heights: Einar Hjartason (7-3); Mustapha Raifak (7-5.5), a five-time French National Champion; Erin Aldrich (6-5.5); Sue McNeal-Rembao (6-5); Tanya Hughes (6-4); Gaelle Niare (6-4); and Nevena Lendel (6-3.25).

While at Stanford from 2005-2007, Rembao's primary responsibilities included coaching the high jump squad and operations management. He served

as the director of the Stanford Track & Field and Cross Country Invationals and the Payton Jordan Cardinal Invitational. Rembao also served as the technical director for the Pac-10 Track & Field and Cross Country Championships and NCAA West Region Cross Country Championships.

In his four years at SMU, Rembao coached the jumpers, combined events and distance runners. He coached the women's cross country team to its highest national ranking in school history (11th) and was voted the NCAA South Central Region Cross Country Coach of the Year in 2004. In track and cross country, he coached 22 individual NCAA qualifiers in the heptathlon, long and triple jump, steeplechase, 5000m, and high jump. Seven of these athletes were All-Americans, and one athlete, Nevena Lendel, was an NCAA indoor high jump champion.

While at the University of Texas, Rembao coached Erin Aldrich, a seven-time all-American high jumper, to an indoor collegiate record (6-5.5) and three NCAA individual titles. Under Rembao's tutelage, Aldrich made two World Championship and Olympic teams. His

accomplishments at Texas earned him a spot on the coaching staff for Team USA at the 2001 IAAF World Championship Games in Edmonton, Ontario, Canada. While at Texas, Rembao also coached 10 All-Americans — including six-time Big XII Champion in the middle distances, Liz Diaz — and helped the Longhorns to four straight NCAA Women's Track and Field Championships (1998 Indoor and Outdoor, 1999 Indoor and Outdoor). Rembao also helped UT's cross country program by leading it to a top 25 finish and two straight appearances at the NCAA Championships after a 10-year absence from the meet.

In his 11 years at Cal Poly, Rembao coached 76 All-Americans and 13 NCAA individual champions that helped their teams achieve seven NCAA team championships and 16 conference team championships. He also worked in Athletic Development at Cal Poly, eventually becoming the Assistant Athletic Director of Business Operations.

Rembao and his wife, Sue, a 1992 Olympian and three-time All-American high jumper, have one son, Jared Asher.







**MIKE GIPSON**  
*Recruiting Coordinator  
 Sprints, Hurdles and Relays  
 2nd Year at Cal*

Mike Gipson begins his second year as the sprints, hurdles and relays coach. He also serves as the Recruiting Coordinator.

Some of Gipson's accomplishments from last season include the Pac-10-championship winning performance of Kimyon Broom in the 100-meter hurdles and an All-American women's 4x100-meter relay team that ran the

second-best time in school history.

Gipson came to Cal after spending eight years at Sacramento State, where he coached the Hornets sprints, hurdles, relays and horizontal jumps, and also served as the recruiting coordinator. More than 30 of the athletes/relays Gipson has coached still stand in the school's all-time top five marks. He also had over 50 All-Big Sky Conference selections.

Gipson came to Sacramento State after 15 years as the track and field head coach and assistant football coach at Highlands High School in Sacramento. The Scots captured two Sac-Joaquin Section Titles and two Section Runner-Ups in his final three seasons before taking his coaching expertise to the collegiate ranks.

In his coaching career, he has coached champions and nationally-ranked athletes from Youth/Age-Group, High School, Collegiate, US National, Foreign National, Masters and Senior levels.

Among notable Gipson coached athletes are Brian Lewis, a 1995 Olympic Festival and World University Games Medalist, as well as a member of the 1997 and 1999 World Championship Relays. Lewis was also a

member of the gold medal U.S. 400-meter Relay Team at the 2000 Olympic Games in Sydney, Australia. Gipson also coached Yvonne Kanazawa-Scott, who set the Japanese record for the 100-meter hurdles and was a semifinalist for the event at the 2000 Olympics. Eugene Swift, the sixth-place finisher in the 110-meter hurdles at the 1996 Olympic Games in Atlanta, Ga., and the 1997 Pan-Am Games champion, also spent time under Gipson's guidance.

He holds U.S. Track and Field Level 1 coaching certification, was the Assistant Director of Operations for the 2000 U.S. Olympic Trials and Assistant Director of Events for the 2003 NCAA Outdoor Championships.

Gipson sat on the Big Sky Conference Committee for the development of Women's Track and Field. He also has been a speaker at the Northern California All-Sports clinics.

Out of Highlands High School, Gipson attended the United States Air Force Academy. He received his bachelor's degree in business administration with a concentration in marketing from Sacramento State in 1983. Gipson and his wife, Brenda, have two children, 17-year-old Kristara and 15-year-old Karlaina.





## **MAGDALENA LEWY**

*Middle Distance/Distance  
8th Year at Cal*

Magdalena Lewy, a former Cal track and field All-American and a 2008 Olympian, originally returned to her alma mater in 2003 as a coach for the Golden Bear cross country program. Lewy begins her eighth non-consecutive season at Cal. She was the research director for Sports Street Marketing, which manufactures GU, an energy and electrolyte gel supplement, from 2000-07.

Still an avid runner, Lewy made the U.S. Olympic team in the marathon after taking second at the 2008 U.S. Olympic Trials and competed in this past summer's Olympic Games in Beijing, China. She just missed out on the 2004 Olympics, placing fifth (2 hours, 30 minutes) in the marathon at the 2004 U.S. Olympic Trials. In addition, Lewy recently won her first ever U.S. championship in the half-marathon in 1:11:47.

After assuming her coaching duties at Cal in 1996 while still an undergraduate, she left for the 1998 season to serve as the assistant women's cross country coach at Saint Mary's in Moraga, Calif. She then returned for the 1999 and 2000 collegiate seasons in Berkeley.

Lewy earned her All-America honor with a third-place finish in the 5000m at the 1997 NCAA Championships with a career-best time of 16:04.86. She qualified for the 1995 NCAA meet in the 3000m and 5000m, but only ran the 5000m.

On Cal's all-time performers list, Lewy ranks second in the 5000m (16:04.86), third in the 3000m (9:25.93) and eighth in the 1500m (4:23.20).

Originally from Poland, Lewy attended Lakewood High School in Southern California and then spent two years at Long Beach City College before transferring to Cal. She earned her bachelor's degree in human biodynamics from Cal in 1997 and a master's degree in exercise physiology from Cal State Hayward.

She lives in Oakland, Calif., with her husband, Richie Boulet, and their three-year-old son, Owen.



**Magdalena Lewy**



**Scott Slover**



## **SCOTT SLOVER**

*Pole Vault  
3rd Year at Cal*

Scott Slover, a former pole vault star for UCLA, is in his third year as Cal's pole vault coach.

Slover's pole vaulters accomplished big things last year, as he led Katie Morgan to the 2008 NCAA Outdoor championship and is currently the school record holder in that event. Another one of Slover's vaulters, Allison Stokke, set the school's freshman pole vault record last season.

A history major who graduated from UCLA in 1999, Slover was an assistant coach with the Bruins and ranked fifth in the world in the pole vault in that same year. He was a five-time All-American, who took third place in the 1998 NCAA Outdoor Championships and fifth place in the 1996 NCAA Outdoor Championships in the pole vault. Competing in the pole vault at the NCAA Indoor Championships, he finished seventh in 1996, sixth in 1997 and seventh in 1998.

Slover was a two-time Pac-10 champion in the pole vault in 1996 and 1998. Slover ranks No. 2 in the pole vault, with a 1997 mark of 18-7.25, on UCLA's all-time top 10 list and still holds the UCLA freshman record of 18-0.25, set in 1995.

In 1994, he took ninth place at the World Junior Championships in Lisbon, Portugal.

As a coach, he's trained UCLA's Tracy O'Hara, who won the women's pole vault titles at the NCAA Indoor and Outdoor Championships in 2000 and at the 2002 NCAA Outdoor Championships.

Slover comes from strong track and field lineage, as his father, Bob Slover, competed in the 1968 and 1972 Olympics in the pole vault. The father-son duo has the second-best combined height in the world at 36-5.25. Bob Slover coached his son at Leland High School in San Jose, Calif., where Scott Slover was a two-time high school state champion.

The former Bruin has occasionally worked in television commercials, portraying a pole vaulter in ads for companies that include Nike, DHL and SBC.



## 2009 CALIFORNIA GOLDEN BEARS COACHING STAFF



*Top Row (left to right): John Rembao, Mike Gipson, Ed Miller, Zach Whittington, Scott Slover  
Middle Row: Al Moolick, Kevin Davis, Mark Jellison, Lindsay Bufkin  
Front Row: Magdalena Lewy, Tony Sandoval, Chris Coffee*

## TRACK & FIELD VOLUNTEER ASSISTANTS



**CHRIS COFFEE**  
Volunteer  
Assistant Coach



**KEVIN DAVIS**  
Volunteer  
Assistant Coach



**AL MOOLICK**  
Volunteer  
Assistant Coach



**ZACH WHITTINGTON**  
Volunteer  
Assistant Coach



**MARK JELLISON**  
Volunteer  
Assistant Coach

## 2009 ATHLETE PROFILES - MEN

### JAMES ATTARIAN

1500-5000

*Freshman, Dublin, Calif.*

**Cross Country:** Redshirted in 2008. **High School:** A finalist at the Footlocker National Championships as a senior at Dublin High School...a Division III state champion and a Diablo Foothill Athletic League champion...won the mile at the Stanford Invitational and the DFAL 1600 as a junior...school record holder in the mile and the 1600...named a scholar athlete and made the Principal's Honor Roll. **Personal:** Born on Jan. 15, 1990, in Castro Valley, Calif....parents are Dale and Joyce Attarian...has a sister, Rachel...worked for a financial advisor this past summer...undeclared major.

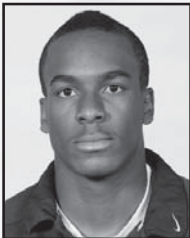


### JAHVID BEST

*Sprints*

*Freshman, Vallejo, Calif.*

**Football:** Best was a first-team All-Pac-10 selection for Cal in 2008, when he led the Pac-10 in rushing with 1,580 yards, ran for 15 touchdowns and caught 27 passes for 246 yards and one touchdown...as a true freshman in 2007, saw action as a tailback, return man and gunner...a 2007 first-team All-Pac-10 selection as a special teams player. **High School (track):** Ran track at Salesian and won a gold medal in the 200-meter dash at the 2005 USTAF Junior Olympics...won the 2007 California State Championship in the 100-meter dash with a time of 10.31 and also finished second in the 200 at 20.65. **Personal:** Born on Jan. 30, 1989...parents are David and Lisa Best...undeclared major.



### AARON BURNEY

110 Hurdles/Sprints

*Freshman, Roseville, Calif.*

**High School:** Holds the Granite Bay High School record in the 110 hurdles (13.95)...broke a 30-year-old Sierra Foothills League record in the 110 hurdles...a two-year team captain



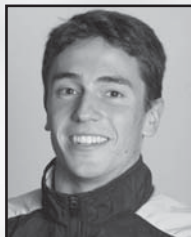
for Granite Bay. **Personal:** Born on Jan. 7, 1990, in Roseville, Calif....parents are Eric and Lenetta Burney...undeclared major.

### SEAN CAREY

800-1500

*Senior, Albany, Calif.*

**Junior (2008):** Regionally qualified in the 800 meters with his time of 1:49.43 at the Pac-10 Championships. **Sophomore (2007):** Secured a personal best in the 800 meters at the MPSF Indoor championships (1:50.21)...at the Brutus Hamilton Invitational, earned a time of 4:20.48 in the mile...in the 1500 meters at the Aggie Open, came in at 4:04.39...a member of Cal's 4x400 relay that turned in the best relay performance of the season (3:16.42, Brutus Hamilton Invitational). **Freshman (2006):** Posted Cal's second-best 200 meter time of the season (1:51.77), when he took third at the Big Meet. **(2005):** Redshirted the outdoor season due to a hamstring injury. **High School:** A 2004 graduate of Albany High School...won the 800 meters at the NCS Meet of Champions...participated in the Junior Olympics...800 meters school-record holder with PR of 1:52.15...played one year of varsity soccer. **Personal:** Born Aug. 20, 1986, in San Francisco, Calif....parents are Van and Judith Carey...Van Carey is a professor of mechanical engineering at Cal...interdisciplinary studies major.

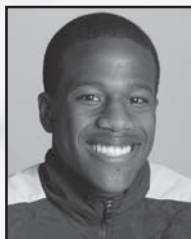


### BRIAN CARMICHAEL

*High Jump*

*Freshman, San Jose, Calif.*

**High School:** The Oak Grove HS product brings a lifetime-best mark of 6-6 and a top time of 52.10 in the 400 meters to Cal...qualified for the 2006 USATF National Junior Olympic Track and Field Championships in the high jump...awarded the Oak Grove HS Scott Gunderson Memorial Award...played basketball for three years. **Personal:** Born on July 6, 1990, in San Diego...parents are Brian and Delorse Carmichael...has one sister...undeclared major.



### MICHAEL COE

800-1500-5000

*Sophomore, Lompoc, Calif.*

**(2008):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...provisionally qualified for the NCAA Indoor Championships with a personal-best time of 4:03.43 in the mile at the Husky Classic...also provisionally qualified for the NCAA Indoor Championships when he won the 3000 posting a PR of 7:59.75 at the MPSF Indoor Championships, third best in school history. **Freshman (2007):** Earned a spot on the USTFCCCA Division I All-Academic team...took 10th in the 1500 at the NCAA West Regional with a time of 3:48.71, finishing first among Cal runners...entered the NCAA West Regional with Cal's third-best 1500 (regional-qualifying 3:46.38) of the season, which he ran at the California Collegiate Challenge...also ran Cal's third-fastest mile (4:04.29) and fifth-fastest 800 (1:51.75). **High School:** A 2006 graduate of Cabrillo High School...individual 2005 Mt. SAC Division 3 cross country title...holds the top indoor times in the boys' one-mile and two-mile runs...2006 Nike Indoor National Champion in the boys' two-mile run...2006 Nike Outdoor National Champion in the boys' mile...runner-up in the 2005 Foot Locker National Cross Country Championships...named Cabrillo's Track MVP and Cross Country MVP...three-time Padres League MVP...his Cabrillo team was the 2004 CIF Southern Section Cross Country champion...student body vice president at Cabrillo. **Personal:** Born on Dec. 4, 1987, in Lompoc, Calif....parents are Scott and Margie Coe...sister, Danielle, attends Cal...cousin, Kirk McConnell, played water polo at Stanford (2003-05)...undeclared major.



### FRANCIS GADAYAN

800-1500

*Senior, San Francisco*

**Junior (2008):** Did not compete. **Sophomore (2007):** Advanced to the 800-meter final in the NCAA West Regional, clocking in at 1:51.23...ran his regional-qualifying and lifetime-best 1:49.97





in the 800-meter run to take fourth in the Pac-10 prelim; eventually led Cal in third at 1:50.10 in the final...also posted a 3:51.38 in the 1500 in the Jim Click Shootout and a 4:13.72 in the mile at the Brutus Hamilton Invitational...part of the All-American distance medley relay that set a school-record 9:33.77 and took second place at the NCAA Indoor Championships...ran a 1:51.95 in the 800 at the Husky Classic...took 11th at the MPSF Championships with a 1:53.23 in the 800... anchored the 4x400-meter relay that clocked a 3:14.52 for fourth place at the MPSFs. **Freshman (2006):** Redshirted both indoors and outdoors...transfer from City College of San Francisco. **High School:** Attended Archbishop Riordan...Gadayan was a two-time MVP on his high school track team and on its cross country team...he won CCS titles in the 800 meters and with his school's 4x400 relay...also played soccer and baseball at Archbishop Riordan. **Personal:** Born May 19, 1986, in San Francisco...parents are Francis and Diane Gadayan...sociology major.

## YOSEF GHEBRAY

**5000-1500-10,000**  
**Junior, Union City, Calif.**

**Sophomore (2008):** Posted a regional-qualifying time in the 5000 at the Payton Jordan Cardinal Qualifier, crossing the finish line at 14:10.11...came in third in the 5000 at the Pac-10 Championships (14:19.85)...took ninth in the 5000 at the NCAA West Regional with a time of 14:23.45...reached a PR in the 3000 at the MPSF Indoor Championships, the event in which he provisionally qualified for the NCAA Indoor Championships, crossing the finish line at 8:02.68, fourth best in school history...in the 2008 cross country season, earned All-America honors was a first-team All-Pac-10 selection. **Freshman (2007):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association Division I All-Academic team...ran a regional-qualifying and lifetime-best 14:03.86 in the 5000 at the Stanford Invitational...clocked a season-best 8:08.11 in the 3000 at the Big Meet...posted a lifetime-best, Cal freshman-record and provisional-qualifying 8:05.25 in the 3000 to take ninth at the MPSF Championships. **High School:** A high school All-American at Logan High School...placed 27th at 2004 Footlocker Cross Country Nationals and second at the Footlocker regional meet...finished sixth in the 3200 meters at the 2005 California state meet...as a junior, won the state cross country and 3200 meters titles...helped his high school track and field team to



the 2004 state championship. **Personal:** Born May 18, 1987, in Fresno, Calif....parents are Berhane Mehari and Genet Waldemariam...his brother, Giliat, is a former Cal track and field star...history major.

## JAKE HANSON

**400IH-400**  
**Senior, Yelm, Wash.**

**Junior (2008):** All-Pac-10 all-academic honorable-mention selection...advanced to the semifinals at the NCAA Championships in the 400-meter hurdles, clocking a time of 50.68...qualified for the national championships when he recorded a time of 51.06, taking fourth overall in the 400-meter hurdles at the NCAA West Regional...took second with a personal-best time of 49.82 in the 400-meter hurdles (fifth best in school history) at the Pac-10 Championships, breaking 50.00 for the first time...ranked No. 8 in the nation in the 400-meter hurdles...earned a then-personal best at the Payton Jordan Cardinal Qualifier, crossing the finish line in first place at 50.77...took top honors in the 400 meters at the Brutus Hamilton Invitational, clocking a 46.76, which was also a regional qualifier...set a then-PR in the 400-meter hurdles, regionally qualifying with a mark of 51.08 at the Texas Relays. **Sophomore (2007):** Honorable mention Pac-10 All-Academic selection...placed eighth in the final of the 400-meter hurdles at the NCAA West Regional...posted a regional-qualifying 52.21 in the 400-meter hurdles at the California Collegiate Challenge...clocked a lifetime-best 21.68 in the 200 to take second at the Big Meet...ran the second legs of the 4x100-meter relays that posted a season-best 41.34 to win at the Big Meet and posted a 42.15 at the Pac-10 Championships...also ran on the 4x400 relays at the Jim Click Shootout (3:17.00) and Pac-10s (3:19.65)...named an Academic All-MPSF selection...took ninth place with an indoor lifetime-best 22.06 in the 200 at the MPSF Championships. **Freshman (2006):** Clocked Cal's second-fastest 200-meter dash (22.07), overall, at the MPSF Indoor Championships and ran on Cal's second-fastest 4x400-meter relay (3:11.77), at the Pac-10 Championships...his 200 time was the Bears' top indoor time; also paced Cal with its top 60-meter dash (6.95) indoors, at the Modrall Sperling Invitational. **High School:** Awarded All-America status by *Track & Field News*, *USA Today*...selected as a Junior All-American by *USA Track & Field*...Washington State Track & Field annual athlete of the Year honoree...placed third at the Junior National championships (52.08)...a



six-time state champion...finished first in the 110-meter hurdles, 300-meter hurdles and 200 meters his senior year...was the 110 meters hurdles, 300-meter hurdles and long jump state champion his junior year...he also placed second in the 400-meter hurdles at the Junior Olympics...holds his high school records in the 100 meters, 200 meters, 400 meters, 4x100-meter relay, 110 meters hurdles, 300-meter hurdles and long jump...helped his high school team win the state championship his freshman year...his high school coach was former Cal track and field multi-event coach Mike Strong. **Personal:** Born August 8, 1987, in Tacoma, Wash....parents are Lanny and Debra Hanson...sociology major.

## RYAN HOLMES

**Hurdles**  
**Freshman, South Pasadena, Calif.**

**High School:** Has personal records of 14.05 in the 110-meter hurdles and 37.74 (also a Loyola High School record) in the 300-meter hurdles...his Loyola team won the 2008 CIF Division II track and field championship...won the 2004 USATF Junior Olympics pentathlon (3194 points) while competing for the Pasadena Running Roses. **Personal:** Born on Jan. 29, 1990, in Los Angeles...parents are Daisy and Reginald Miller...has two brothers, Robert and Reynolds, who is a junior long jumper and sprinter at Yale...interned with the Los Angeles Sparks WNBA team in the summer of 2008...undeclared major.



## AUSTIN JETT

**800-1500**  
**Freshman, Bonita, Calif.**

**Freshman (2008):** Redshirted. **Cross Country:** Finished in eighth place (26:31) at the San Francisco Invitational...clocked in at 25:59 at the Stanford Invitational. **High School:** Named Male Athlete of the Year at Eastlake High School in 2007 and the Mesa League Runner of the Year for cross country in 2006...picked to the San Diego All-CIF first team for cross country in 2005 and 2006...Co-Track Athlete of the Year for the Mesa League in 2006...2007 champion in the 800 meters, 1600 meters, and 4x400 relay...selected to the first-team All-Mesa league from 2004-06...named MVP



for cross country in 2006 and track in 2007... school-record holder in the 1600 meters at 4:11.69 and the 800 (1:54.01)...Co-MVP for track at Bonita High School in 2005...his Bonita Vista track team was Mesa league champions from 2003-05, and took eighth in the state meet for cross country in 2005... also a member of the 2006 Mesa League champion for track and field, which finished fourth in the San Diego Division I meet... named to the *San Diego Union-Tribune* all-academic first team for cross country in 2006 and track in 2006-07...made the principal's honor roll. **Personal:** Born Oct. 13, 1988, in San Diego...parents are Darrell and Stacy Jett...has one brother...cousin, Daniella, graduated from Cal in 2005...father, Darrell, was an NCAA Division II All-American at Cal State East Bay for men's swimming... mother, Stacy, ran track and cross country at San Diego State...grandfather played for the San Francisco 49ers in the 1950s...relative, Marico Bardales, was the 1978 NCAA champion in the decathlon, scoring 8,007 points and recorded a UC Irvine javelin record of 239-9...also played baseball when he was younger, competing in numerous all-star competitions...traveled to France, England and Ireland with his family in 2005...some pets he owns include horses, chickens and goats... undeclared major.

## KARI KARLSSON

### Distance

*Sophomore, Reykjavik, Iceland*

**Freshman (2008):** Earned spots on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...took fourth in the 10,000 meters at 30:19.49 at the Pac-10 Championships...posted a regional-qualifying time in the 10,000 meters at the Stanford Invitational, clocking a 29:28.05, which was also a school freshman record and the third-best time in school history...posted a regional-qualifying time in the 5000 at the Payton Jordan Cardinal Qualifier, crossing the finish line at 14:07.13...provisionally qualified for the NCAA Indoor Championships in the 5000 meters with an indoor school-record time of 14:08.58 at the MPSF Championships...also during indoors, clocked Cal's seventh-best 3000-meter time in school history at 8:12.39. **High School:** Won Icelandic championships in the 1500 meters, 3000, 5000, 10,000, 4x800, 4x1500 and half marathon...competing for his club team, Breidablik, won a national championship in indoors in 2007... holds the club record in the 3000, 5000 and 10,000...competed in the Games of the Small



States of Europe, Nordic Championships in the 10,000 and in cross country, European championships and other national junior team competitions. **Personal:** Born May 19, 1986, in Sheffield, England...parents are Karl G. Kristinsson and Hadda Bjork Gisladdottir...one of three siblings...also played basketball and soccer...hopes to attend graduate school... undeclared major.

## COLIN KENNEDY

### Javelin

*Sophomore, Santa Barbara, Calif.*

**Freshman (2008):** Recorded a season-best mark of 193-08 (59.04m) at the Big Meet. **High School:** Earned a mark of 183-25 last year...also played basketball at Laguna Blanca High School in 2003-04 and football and volleyball in 2004. **Personal:** Born May 31, 1989, in London, England...parents are Bruce and Barbara Kennedy; both attended Cal...his aunt and uncle also attended Cal...has one sister, Heather, who competes in the javelin for the University of Pennsylvania...father, Bruce, also competed in the javelin at Cal...undeclared major.



## TOJSH KENNEDY

### 100-200-400

*Sophomore, Hawthorne, Calif.*

**Freshman (2008):** Clocking a season-best time of 22.34 in the 200 and 48.88 in the 400 at the Sacramento State Elite Meet. **High School:** A four-time MVP of Bishop Montgomery High School track and field team...also named high school's Sportsman of the Year in 2007... best times include a 47.9 in the 400 meters and a 21.97 in the 200 meters...also played varsity basketball...helped bring his team from last to third place in the junior Olympics. **Personal:** Born July 24, 1989, in Hawthorne, Calif....parents are Bill Kennedy and LaJuana White...has three sisters and one brother...sister, Mischa, attends Cal... undeclared major.



## PATRICK KOWALSKY

### Shot Put-Discus

*Sophomore, Denver*

**Freshman (2008):** Achieved two PRs at the Brutus Hamilton Invitational, as he

came in fourth in the shot put with a 54-8.25 (16.67m) and sixth in the discus with a 156-03 (47.63m)...won the shot put with a mark of 54-0.50 (16.47m) at the Stanford Invitational (2007): Redshirted indoor and outdoors. **High School:** A 2006 graduate of J.K. Mullen High School... placed in the top five in shot put in the 2004 and 2005 Colorado state meets...two-time regional shot-put champion...2006 regional discus champ...a football letterman and team captain as a senior. **Personal:** Born Nov. 11, 1987, in Denver...mother is Barb Kowalsky... media studies major.

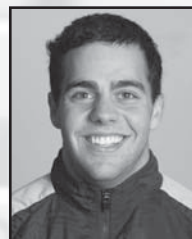


## CAMERON KROLL

### Pole Vault

*Freshman, Reno, Nev.*

**Freshman (2008):** Redshirted. **High School:** Two-time state champion on pole vault in 2006 and 2007...two-time Northern Nevada regional champion in 2006 and 2007... high school All-American... state meet record and all-time prep high school pole vault record at 17...recorded the six best vaults in Nevada prep history (16-5, 16-6, 16-6, 16-8, 16-9 and 17)...was the first Nevada high school junior to notch a mark of 16...earned a No. 5 national ranking in the 2007 outdoor season and a No. 10 national ranking in the 2007 indoor season...two-time all-region first-team selection in 2006 and 2007...two-time all-state academic team pick in 2006 and 2007...2007 adidas Golden West Invitational champion...2007 Gatorade Track and Field Nevada Athlete of the Year... silver medalist at the USATF junior Olympic national championships in 2007...also played football in high school during his freshman and sophomore years. **Personal:** Born March 25, 1989, in Reno, Nev....parents are Eric and Christie Kroll...has one sister, Kara... grandfather was a running back at Boise State...hopes to attend medical school and become a doctor...undeclared major.



## KEVIN KUECHLER

### Heptathlon-Decathlon

*Freshman, Mission Viejo, Calif.*

**Freshman (2008):** Redshirted. **High School:** Accumulated 10 national medals from 2004-07...an All-American in the decathlon...best times and marks while attending Mission Viejo High School include 23 feet in



the long jump, a time of 14.40 in the 110-meter hurdles, 176 feet in the javelin, 13 feet in the pole vault, a time of 39.09 in the 300-meter hurdles and 45 in the triple jump...competed in the junior Olympics this past summer. **Personal:** Born May 21, 1989, in Mission Viejo, Calif....parents are Jim and Lois Kuechler...has one sister, Kathleen...undeclared major.



## ERIC LEE

800-1500-5000

Senior, San Rafael, Calif.

**(2008):** Redshirted. **Junior (2007):** Cal's top finisher in the 800 meters at the Aggie Open (1:54.02) and in the 1500 meters at the California Collegiate Challenge with a personal-best time of 3:49.58...finished second among the Bears and PRed in the mile at the Brutus Hamilton Invitational (4:10.54). **Sophomore (2006):** Outdoors, ran Cal's third-best 800 (1:52.76, USF Invitational), fourth-best mile (4:15.26, Bay Area Blast Off), sixth-best 1500 (3:56.39, Hornet Invitational) and sixth-best 3000 (8:45.73, Hornet Invitational)...redshirted the indoor season. **Freshman (2005):** Lee posted his season-best mark (1:54.99) in the 800 at the Golden Bear Invitational. **High School:** Graduated from Sir Francis Drake High School...a two-time team MVP...PRs included 49.3 in the 400 meters, school record 1:52.23 in the 800 meters, 4:27.09 in the mile, and 42-2 in the triple jump. **Personal:** Born Aug. 26, 1986, in Greenbrae, Calif....mother is Cynthia Farina...has one sister, Lisa, who played basketball at Cal State Hayward...cognitive science major.



## MARTIN MARIC

Discus-Javelin-Shot Put  
Senior, Split, Croatia

**Junior (2008):** Represented Croatia in the discus at the 2008 Summer Olympic Games in Beijing, China...took eighth at the NCAA Championships in the discus with a mark of 185-10 (56.64m), earning All-America honors in the process...captured the NCAA West Regional title in the discus with a mark of 196-00 (59.75m)...also



qualified for the national meet in the javelin at the regional, but withdrew his name from the competition to focus on discus...ranked No. 5 in the nation...completed an excellent weekend at the Brutus Hamilton Invitational with his first-place finish in the javelin with a season-best, NCAA regional-qualifying mark of 220-04 (67.16m), which also ranks him sixth on Cal's all-time list. Maric also took first in the discus competition (188-10 (57.57m)...recorded the fifth best discuss mark in school history at the Texas Relays, posting a 200-7 (61.13m)...at the Big Meet, took first in the discus with his mark of 192-00 (58.52m), in the shot put recorded a mark of 52-8.00 (16.05m) to take third, and in the javelin, took second with his mark of 210-04 (64.10m). **(2007):** Represented Croatia in the javelin and the discus at the World University Games last summer...took eighth in the discus with his mark of 56.32...he didn't advance to the final in the javelin...in the qualifying round, he notched a 65.15, good enough for ninth in his group. **Sophomore (2006):** Earned All-America honors at Georgia after taking sixth in the javelin at the NCAA Championships...finished second in the discus with a PR of (190-1) at the NCAA East Regional...recorded a personal best in the javelin at the regional with a throw of 237-3...was the runner-up in the discus at the SEC championships after registering a throw of 180-4...also took second in the javelin at the conference meet with a throw of 225...finished 11th in the shot put at the SEC championships with a mark of 53-9.75...had a mark of 53-5 in the shot put at the SEC championships. **Freshman (2005):** Topped all of his teammates with a 187-00 discus throw, which was the third-longest in school history, in the NCAA regional and took fourth place...finished in 18th place in the NCAA regional (176-00)...won the Georgia Invitational with a throw of 184-08...had nine finishes in the discus of fifth place or better during his first spring outdoor season...placed seventh in the NCAA regional in the javelin (209-07) and grabbed the 10th spot in Georgia history in the event...took third place in the SEC championships with a throw of 209-06...also placed first in both the javelin and discus at the 2005 Croatian championships. **High School:** Placed second in discus in 2003 European Junior Championships...runner-up in javelin and third in discus at 2004 Croatian National championships...competed in the World Youth championships and secured a 13th-place finish...participated in the World Junior championships in Jamaica and placed 23rd. **Personal:** Born April 19, 1984, in Split, Croatia...parents are Viseslav and Veronica Maric...P.E.I.S. major.

## MARK MATUSAK

1500-5000

Senior, Torrance, Calif.

**Junior (2008):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...recorded a time of 3:51.58 in the semifinals of the 1500 at the NCAA Championships...finished in third in the 1500 at 3:43.37 at the NCAA West Regional to advance to the national championships...took third in the 1500 meters at the Pac-10 Championships, earning a new personal-best time of 3:42.52, which also ranks sixth in school history...ranked No. 24 in the 1500...took second in the mile at the Brutus Hamilton Invitational, clocking a regional-qualifying 4:00.59, earning Cal's fifth best all-time score in that event...recorded a regional qualifying time of 3:45.85 in the 1500 at the Stanford Invitational...took third in the 3000 at the Big Meet, clocking in at 8:18.12...was a multiple winner at the United Heritage Invitational, after claiming first in the 3000, Matusak won the 800 with a new PR of 1:52.28...provisionally qualified for the NCAA Indoor Championships with a personal-best time of 4:03.15 in the mile at the Husky Classic...in the 2008 cross country season, was an All-Pac-10 second-team choice. **Sophomore (2007):** Earned a spot on the USTFCCA Division I All-Academic team...placed 12th in the 1500 at the NCAA West Regional with a time of 3:49.86...posted a regional-qualifying 3:46.20 in the 1500 in the Jim Click Shootout...also collected a lifetime-best 1:52.56 in the 800 at the Payton Jordan Cardinal Invitational...ran a 4:10.94 in the mile at the California Collegiate Challenge...notched an 8:23.16 in the 3000 at the Big Meet and a lifetime-best 14:16.28 at the Stanford Invitational. **Freshman (2006):** In outdoors, clocked a lifetime-and Cal season-best 3:45.04 when he was sixth in the 1500 meters at the Pac-10 Championships...also 12th (14:35.81) in the 5000 meters at Pac-10s...ran his lifetime-best 14:31.31 in the 5000 in the Big Meet...tallied a lifetime-best 8:06.18 in fifth place in the 3000 at the MPSF Indoor championships. **High School:** *Track & Field News* All-American...captured a bronze medal in the 1500 meters (3:49.81) at the 2005 Pan Am Junior Championships after winning the event (PR: 3:47.07)...won the state 1600 title as a junior and senior at Loyola High School...took first at the 2003 and 2004 Division II State Cross Country Championships...holds school records in the 1600 meters (4:07.94), 3000 meters (8:25.28), 3200 meters (8:47.93) and two-mile



(8:51.13). **Personal:** Born June 27, 1986, in Torrance, Calif....parents are Jan and Elizabeth Matusak...psychology major.

## JUSTIN MILLER

### **Pole Vault**

**Freshman, San Ramon, Calif.**

**High School:** Won the 2008 NCS Meet of Champions with a California High School and personal-record mark of 17-0, which ranked him second in the nation at the time. **Personal:** Born on April 16, 1990, in Walnut Creek, Calif....parents are Nechia and Daniel Miller...has two sisters, Heather and Carlyn...undeclared major.



## MATT HANS DAVID MILLER

### **5000-10,000**

**Freshman, Orange, Calif.**

**Freshman (2008):** Redshirted. **High School:** Recorded times of 4:33 in the 1600 meters and 9:39 in the 3200 meters, earning a third-place finish while competing at El Modena High School...three-year letterman in cross country...scholar-athlete and a member of the National Honor Society. **Personal:** Born Aug. 23, 1989, in Laguna Hills, Calif....parents are Stephen and Birgit Miller...hopes to attend graduate school and enter a career in international business...tore an ankle ligament last year after the cross country season...hobbies include rock climbing and playing the guitar...undeclared major.



## MATTHEW KELLY MILLER

### **3000SC-1500**

**Senior, Manhattan Beach, Calif.**

**Junior (2008):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...earned a regional-qualifying time in the 3000-meter steeplechase at the Pac-10 Championships, recording a personal best 9:00.83. **Sophomore (2007):**



Earned a spot on the USTFCCCA Division I All-Academic team...ran a regional-qualifying and lifetime-best 9:06.29 to place 11th in the 3000-meter steeplechase at the Pac-10 Championships...other top times on the season include a 1:57.20 in the 800 (Jim Click Shootout), 3:59.85 in the 1500 (Aggie Open) and 4:10.49 (lifetime best, Brutus Hamilton Invitational). **Freshman (2006):** Outdoors, recorded his lifetime-and Cal's season-best 9:14.61 in the 3000-meter steeplechase in the Big Meet...ran Cal's fifth-best times in the 1500 meters (lifetime-best 3:55.66, Hornet Invitational) and 3000 meters (lifetime-best 8:43.34, Hornet Invitational)...notched Cal's sixth-best 800 meters (lifetime-best 1:56.97, Brutus Hamilton Invitational)...redshirted indoor season. **High School:** Graduated from Loyola High School, at which he led his team to the 2002 CIF and State Division I Cross-Country Championship, 2004 CIF and State Division II Cross-Country Championship, and the 2003 and 2004 CIF Division II Track Championships...earned all CIF honors in cross country in 2002...finished third in the 3200 meters at the CIF championships in 2005...also lettered in cross country and soccer. **Personal:** Born Jan. 31, 1987, in Redondo Beach, Calif....parents are Chris and Maureen Miller...mass communications major.

## KYLE MILLS-BUNJE

### **Decathlon-Pole Vault**

**Sophomore, Menlo Park, Calif.**

**Freshman (2008):** Earned 6,673 points at the Pac-10 Multi-Event Championships, taking seventh overall...at the Roger Cox Multis, secured a high jump mark of 6-2.75 (1.90m) and a long jump mark of 21-5 (6.54m). **High School:** Graduated from Saint Francis High School...as a senior, was third in the long jump in the CIF championships...as a junior, was second in long jump, second in pole vault, third in triple jump and fifth with the 4x100-meter relay at CCS Championships. **Personal:** Born Dec. 11, 1987, in Stanford, Calif....parents are Eric Bunje and Leslie Mills...environmental economics and policy major.



## MILES PALACIOS

### **Throws**

**Senior, Lafayette, Calif.**

**Junior (2008):** Recorded season-best throw of 183-09 (56.00m) in the hammer at the Sacramento State Elite Meet. **Junior College:** Spent the previous two years at Diablo

Valley College...second all-time in the hammer at DVC with a throw of 16-9...made the Big 7 Conference Field MVP team...graduated with honors. **High School:** Only competed in track and field his senior year and played basketball for two years. **Personal:** Born Dec. 21, 1986, in Berkeley, Calif....parents are Gary and Frances Palacios...parents live in Mexico...godfather, Nelson Estrada, attended Cal in the 1970s...hopes to get a master's in business...has traveled throughout Latin America, including Puerto Rico, El Salvador, Guatemala, Nicaragua, Costa Rica and also eight states in Mexico...interdisciplinary studies major, focusing on trade and globalization.



## KELLAN PATTERSON

### **100-200**

**Senior, Oakland, Calif.**

**Junior (2008):** A member of Cal's NCAA regional-qualifying 4x100 relay that clocked a time of 40.51 at the NCAA West Regional...the relay's regional-qualifying time was 40.55...PRed in the 100 at the Payton Jordan Cardinal Qualifier with a wind-aided time of 10.62...clocked a time of 22.21 in the 200 at the Sacramento State Elite Meet...an Ideal Scholar. **Junior College:** Ran at City College of San Francisco from 2005-2007. **High School:** Played football and basketball in addition to track for two years at Berkeley High School...earned the Berkeley Mayor's Award for Community Service. **Personal:** Born Aug. 21, 1987, in Oakland, Calif....parents are Steven Patterson and Gwendolyn Lovely...has two sisters and a brother...political science major...plans to go to law school.



## JORDAN PAUL

### **110H-100**

**Senior, Los Angeles**

**Junior (2008):** Clocks a new personal best in the 110-meter hurdles at the Payton Jordan Cardinal Qualifier, recording Cal's fifth-best time in school history with a wind-aided time of 13.78...earned points for the Bears at the Big Meet, taking third with a time of 13.96...took third





in 110-meter hurdles at 13.95 at the Pac-10 Championships...ranked No. 25 in nation. **Sophomore (2007):** Clocked a regional-qualifying and lifetime-best 14.10 in the 110-meter hurdles prelim at the California Collegiate Challenge, in which he was sixth (regional-qualifying 14.14) in the final...collected a lifetime-best 56.54 in the 400 hurdles at the Big Meet...ran a season-best 11.17 in the 100 prelim at the California Collegiate Challenge...posted an outdoor season-best 22.54 in the 200 at the Jim Click Shootout...ran a lifetime-best 7.30 in the 60-meter hurdles at the Husky Classic...posted a season-best 22.52 in the 200 to place 18th at the MPSF Championships. **Freshman (2006):** Outdoors, ran lifetime bests in the 110-meter hurdles (14.58) and 400 hurdles (57.20) at the Big Meet...indoors, ran a lifetime-best 22.07 in the 200 meters in the Arizona-California Challenge...had 8.18 lifetime best in 60-meter hurdles at the MPSF Championships. **High School:** On his Loyola Prep team, he was awarded Rookie of the Year in 2003, Most Improved in 2004 and Most Inspirational in 2005...two-time CIF Southern Section Division II Champion...CIF state runner-up in 2005. **Personal:** Born April 2, 1987, in Los Angeles...parents are Brent and Sandra Paul...legal studies major.

## NICK PORTER

### Sprints

**Sophomore, Sherman Oaks, Calif.**

**Freshman (2008):** A member the 4x100-meter relay that clocked a regional-qualifying time of 40.55 and a time of 40.51 at the NCAA West Regional...crossed the finish line at 10.68 in the 100 meters and a wind-aided time of 21.71 in the 200 at the Big Meet. **High School:** Won the CIF Division III Championships all four years at Notre Dame High School...won the 2007 Mission League Championships in the 100, 200, 4x100 and 4x400...claimed the state 4x100 championship in 2006...named Most Valuable Runner...made the *Daily News*' All-Area team in 2007...Notre Dame was the 2006 runner-up at the California state meet and the 2003 and 2007 Mission League champions...holds the school record in the 4x100 (41.27), 100 (10.56) and the 200 (21.53)...also played football in high school...made the Mission League all-academic team in 2007. **Personal:** Born July 8, 1989, in Chicago...parents are Bryce and Kim Porter...has a brother and a sister...uncle, Richie, was a professional tennis player...post-graduate plans include sports marketing...undeclared major.



## DOM POWELL

### High Jump

**Freshman, Palo Alto, Calif.**

**High School:** Has a personal-best high jump mark of 6-6, which ranked second in Palo Alto High School history...recorded that mark at the 2008 CCS Championships, at which he placed fourth...also a member of the fourth-place 4x100-meter relay for Palo Alto at the 2008 CCS meet...was ninth in the high jump in the California state meet...the 6-6 Powell was a four-year varsity basketball player for Palo Alto. **Personal:** Born on Dec. 11, 1989, in Vallejo, Calif...mother is Melody Jeanne Powell...undeclared major.

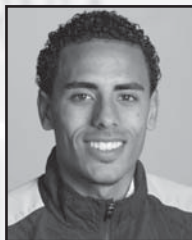


## SEBASTIAN SAM

### 400-800-4x400

**Freshman, San Jose, Calif.**

**High School:** Was CCS champion in the 800-meter run two straight years (2007-08) for Oak Grove High School...in the 800 at the California state meet, Sam was third in 2007 and fourth in 2008...his PRs include 1:52.25 in the 800, 48.00 in the 400 and 21.89 in the 200...competed in several U.S. Junior Olympics, placing eighth (1:56.41) in the 800 young men's final in the 2007 meet. **Personal:** Born on Feb. 15, 1990, in San Jose, Calif...parents are Lawrence and Marina Sam...has two brothers and one sister...undeclared major.

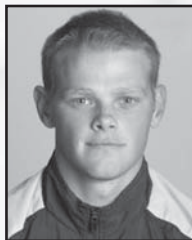


## RYAN SHULER

### Pole Vault

**Junior, Granite Bay, Calif.**

**Sophomore (2008):** Took fourth overall in the pole vault with a regional-qualifying mark of 16-6.75 (5.05m) at the Brutus Hamilton Invitational, and earned that same mark when he took fifth at the Pac-10 Championships. **Freshman (2007):** Took 13th in the pole vault with a mark of 16-7.25 (5.06 meters) at the NCAA West Regional...notched a Cal season-best and regional-qualifying 17-0.75 in the pole vault at the UCSD Triton Invitational...posted a 16-7.50 (5.07 meters) in the pole vault at the Dan DeHart



Invitational...also took 10th in the pole vault at the MPSF Championships with a 15-11.75 (4.87). **High School:** First freshman to win a California state championship, in 2003...outdoors, ranked No. 2 in nation as a senior at Granite Bay High School, at which he was a team captain in his final year...set the freshman state record (16 feet) and the sophomore state record (16-6)...his 17-4 mark is No. 5 in the all-time state rankings...2004 Verizon All-American...played three years varsity soccer...won the Granite Bay Scholar-Athlete Award. **Personal:** Born on April 2, 1987, in Los Gatos, Calif...parents are Sharon and Thomas Shuler...grandfather, Harold Shuler, attended Cal...undeclared major.

## STEVE SODARO

### Steeplechase

**Sophomore, Tiburon, Calif.**

**Sophomore (2008):** Redshirted. **Freshman (2007):** Posted Cal's second-best steeplechase with a regional-qualifying and lifetime-best time of 9:04.41 to take ninth at the Pac-10 Championships...ran a season-best 2:00.59 in the 800 at the Jim Click Shootout...recorded a lifetime-best 14:39.27 to take seventh in the 5000 at the MPSF Championships. **High School:** Captained both the cross country and track teams at Redwood High School...was the 800, mile and two-mile champion in the Marin County Athletic League in 2006 and the 2005 MCAL cross country champ...the NCS Division 2 cross-country winner in 2005. **Personal:** Born Dec. 26, 1987, in San Francisco...parents are Robin and Vicki Sodaro...mother, Vicki, attended Cal...undeclared major.



## BRAD SURH

### 800-1500

**Freshman, San Carlos, Calif.**

**High School:** Besides track, competed in four years of cross country and one year of soccer at Carmel High School...won the 1600 at the 2007-08 CCS Championships...brought personal-best times of 4:08 in the 1600, 1:54 in the 800 and 9:29 in the 3200 to Cal. **Personal:** Born on Sept. 1, 1990, in Redwood City, Calif...parents are Taemin and Marci Surh...has two brothers...undeclared major.



## JOEY THOMAS

### Middle Distance

*Freshman, Lafayette, Calif.*

**Freshman (2008):** Redshirted. **High School:** Named Most Outstanding Track Athlete for three years at Acalanes High School...school record holder in the 800 meters...qualified for the state track championships three times and the state cross country championships four times...last year in the Junior Olympics, took fourth place in the 4x800-meter race...played one year of varsity soccer and earned the Coach's Award...earned the California Scholarship Federation's Lifetime Award...and won scholar-athlete awards all four years. **Personal:** Born May 23, 1989, in Walnut Creek, Calif....parents are Ramsay and Janet Thomas...while competing at the University of Maryland, Ramsay Thomas was the first person in the state of Maryland to break 50 seconds in the 400-meter run...uncle, Brook, was an All-American cross country runner...has two sisters...hopes to become a Division I track and field coach...undeclared major.



4x400 relay of the season, which clocked a time of 3:11.56 at the Pac-10 Championships...notched a time of 22.11 in the 200 at the Sacramento State Elite meet and a 48.73 in the 400 at the Payton Jordan Cardinal Qualifier...a member of the Track to Success club. **High School:** Anchor of the 4x100 relay that owns the all-time school record at James Logan High School at 41.44...came back in the last leg of the 4x400 prelims at the NCS Championships at Cal to take first in the heat and place his team in the final...times were 48.64 in the 400 and 21.98 in the 200...graduated Cum Laude...participated in the school's Electronic Media Production club...played football for two years. **Personal:** Born March 14, 1989, in Redwood City, Calif....parents are Tim and Diwata Wethington...lists building robot models as a hobby...history major.



at last year's NCAA West Regional (6-9)...posted a Cal school-record and NCAA provisional-qualifying 7-2.5 to win at the MPSF Indoor Championships. **Sophomore (2006):** Indoors, jumped a season-best 2.13 meters (6-11) at the Tyson Invitational...outdoors, won the high jump (1.98m, 6-06) at the Big Meet and at the Brutus Hamilton Invitational (2.05m, 6-08). **Freshman (2005):** Recorded Cal's second-best score of 6-11.75 (2.13m) in the high jump at the Pac-10 Championships. **High School:** Wright completed a successful high school career at St. Mary's of Berkeley before graduating in 2004...honors included the California state high jump title, winning at the prestigious Golden West Invitational, finishing second at the USATF Junior Nationals and being named Verizon USATF Jr. All-American in 2004...played two years of basketball. **Personal:** Born March 3, 1986, in Nairobi, Kenya...parents are Mal Whitefield and Harriet Wright...Mal ran track for Ohio State and competed in the 1948 and 1952 Olympic Games, winning three gold medals, two silvers and a bronze...social welfare major.

## ED WRIGHT

### High Jump

*Senior, Oakland, Calif.*

**Senior (2008):** Took 14th (6-10.75, 2.10m) in the high jump at the NCAA Championships...advanced to the NCAA Championships when he took fourth and posted a mark of 6-11 (2.11m) at the NCAA West Regional...won his second straight Pac-10 high jump title, as he once again tied his personal best with a jump of 7-3.25 (2.22m)...ranked No. 5 in the nation...placed first with a regional qualifying mark of 7-2.50 (2.20m) at the Stanford Invitational...won at the Big Meet, for the third consecutive year, with a mark of 7-0.50 (2.15m)...in his first competition of 2008 at the Husky Classic, he provisionally qualified for the NCAA Indoor Championships, as he tied his PR of 7-3.25 (2.22m)...took seventh at the NCAA Indoor Championships with a mark of 7-0.25 (2.14m). **Junior (2007):** Garnered indoor and outdoor All-America honors when he took sixth in the men's high jump at both the NCAA indoor and outdoor championships...set a new lifetime-best mark with a 7-3.25 to win the high jump at the NCAA West Regional...the 7-3.25 score tied Wright for seventh on Cal's all-time list...won the Pac-10 title in the high jump with a 7-3 (2.21 meters), which tied his lifetime-best mark...he also jumped that height to win the Payton Jordan Cardinal Invitational...competed at the USA championships, taking 10th overall 7-01.75 (2.18 meters)...tied for sixth

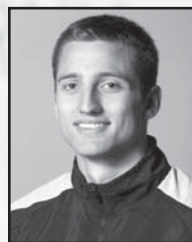


## RYAN YOUNG

### Javelin

*Junior, Silverdale, Wash.*

**Sophomore (2008):** Took 18th in the prelims of the javelin at the NCAA Championships with a mark of 204-01 (62.20m)...at the NCAA West Regional, took second with a mark of 229-09 (70.03m) to advance to the national meet...notched a personal best in the javelin at the Pac-10 Championships, taking second overall with his mark of 235-02 (71.67m), which ranks second in school history...ranked No. 10 in the nation...tallied a regional qualifying mark of 225-07 (68.76m) at the Texas Relays...won with a mark of 217-08 (66.35m) at the Big Meet. **(2007):** Redshirted the outdoor season, and did not compete in indoors. **Freshman (2006):** Redshirted the indoor season...outdoors, set a Cal freshman record in the javelin (70.9m, 232-10) at the Hornet Invitational. **High School:** A two-time state champion, held the North Kitsap High School record in the javelin...state meet record holder in 2005...earned team MVP in 2005...meet champion in the Washington vs. Oregon meet...also lettered in basketball and was awarded Narrows League MVP. **Personal:** Born Jan. 3, 1987, in Brewerton, Wash....parents are Brad Young and Kathy Felix...public health major.



## SHANE VEREEN

### Sprints

*Freshman, Valencia, Calif.*

**Football:** In 2008, ran for 715 yards and four touchdowns and had 27 receptions for 221 yards and one TD...at Valencia High School, was a *SuperPrep Magazine* and PrepStar.com All-America choice...Scout.com listed him as the No. 23 running back in the country...rated No. 5 at running back in the nation and No. 21 overall in the state by Rivals.com. **High School (track):** Doubled as one of the Southland's top sprinters, recording the fastest 100-yard dash time of any junior in Southern California during the 2006 track and field season.. **Personal:** Born on March 2, 1989...parents are Henry Vereen and Venita Taylor-Vereen...undeclared major.



## KEAGAN WETHINGTON

### 200-400

*Sophomore, Union City, Calif.*

**Freshman (2008):** A part of Cal's top



# 2009 ATHLETE PROFILES - WOMEN

## HERDIS ARNALDS

**800-1500**

**Freshman, Kopavogur, Iceland**

**High School:** Attended the Commercial College of Iceland...competed for the Breydablik club. **Personal:** Born Sept. 30, 1988, in Reykjavik, Iceland...competed for Iceland's national team from 2004 to 2008 in events including the 800 meters and 4x400-meter relay...was the 2008 Icelandic indoor champion in the 800 meters...parents are Hallgrimur Arnalds and Helga Eyfeld...competed in dance (ballroom and Latin) from ages 5 to 15...undeclared major.



## NATALYA BENEBY

**400H-400**

**Sophomore, Nassau, Bahamas**

**Freshman (2008):** Clocked a season-best time of 1:01.05 in the 400-meter hurdles at the Texas Relays. **High School:** Set a PR of 1:00.58 in the 400-meter hurdles...also played soccer at St. Andrew's High School...named MVP of the U 19 national soccer team in 2004...competed for the Star Trackers track and field club team. **Personal:** Born May 8, 1989, in Nassau, Bahamas...parents are Jeffrey and Andra Beneby...has two sisters...undeclared major.



## KANDI BONTY

**100-200-400**

**Senior, Los Angeles, Calif.**

**Junior (2008):** Pac-10 all-academic honorable mention...placed eighth (44.32) on Cal's 4x100 relay at the NCAA Championships with Kimyon Broom, Kristin Holmes and Cherrelle Garrett...at the Brutus Hamilton Invitational, was a member of the women's 4x100-meter relay that took first with a regional-qualifying time of 44.85, which also ranks fourth all-time in school history...at the Big Meet, took first in the 400 meters, surpassing her old PR in the event by over a second, winning with a time of 54.44, which was also a regional qualifier. **Sophomore (2007):**



Honorable mention Pac-10 all-academic selection...a member of Cal's 4x400-meter relay that finished 18th at the NCAA championships, and that quartet (Bonty, Mackenzie Pierce, Brook Turner and Alysia Johnson) third on Cal's all-time list...led off Cal's third-place 4x400-meter relay that ran a time of 3:36.62 at the NCAA West Regional...posted Cal's second-fastest time of the season in the 200 with a lifetime-best 24.31 in the prelim at the Pac-10 Championships; took eighth in the 200 final...ran on victorious 4x400-meter relay team that clocked a regional-qualifying 46.85 at the Big Meet...posted a lifetime-best 56.61 in the 400 at the MPSF Championships...other season bests include a 7.82 in the 60 and a 24.92 in the 200 at the Husky Classic. **Freshman (2006):** Ran Cal's third-best time in the 100 meters (12.09, Texas Relays), third-best time in the 200 (24.67, Hornet Invitational) and fourth-best time in the 400 (lifetime-best 57.30, Big Meet). **High School:** Two-time CIF state qualifier in the 100 meters...came to Cal with an 11.85 personal record in the 100 meters...ranked among the top 25 as a senior in the 100 meters...a four-time MVP (2002-05)...Captains Award winner in 2004 and 2005...also lettered in basketball for two years and was a two-time MVP (2002 and 2004)...basketball Defensive Player of the Year. **Personal:** Born May 19, 1987, in Los Angeles...hopes to attend medical school and become a sports physician...parents are Golden Garrett and Kana Bonty...legal studies major.

## KIMYON BROOM

**100H-100**

**Junior, Inglewood, Calif.**

**Sophomore (2008):** Placed eighth (44.32) on Cal's 4x100 relay at the NCAA Championships with Kandi Bonty, Kristin Holmes and Cherrelle Garrett...set school record in the 100-meter-hurdles with a time of 13.17 in the prelims at the Pac-10 Championships...claimed Cal's third conference title in the 100-meter hurdles with a time of 13.26...turned in an excellent performance at the California Relays, clocking a then-personal-best, NCAA regional-qualifying time of 13.46...at the Brutus Hamilton Invitational, was a member of the women's 4x100-meter relay that took first with a regional-qualifying time of 44.85, which also ranks fourth all-time in school history...set a then-PR in the 100-meter hurdles, posting a regional qualifying time of 13.54 at the Texas Relays...first-place finisher for Cal at the Big Meet, clocking a time of 13.65 in the 100-meter hurdles...



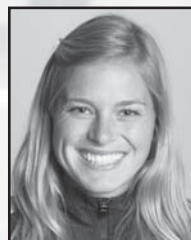
ranked No. 14 in the nation in the 100-meter hurdles. **Freshman (2007):** Notched Cal's fastest 100-meter hurdle time of the year with a regional-qualifying 13.77 to take fifth at the California Collegiate Challenge...ran Cal's fastest 100-meter dash with a 12.20 to place fourth at the Big Meet...ran Cal's fastest 60-meter hurdles with an 8.50 in at the Husky Classic...also ran a lifetime-best 8.01 in the 60 at the Dan DeHart Invitational and a lifetime-best 25.71 in the 200 at the Husky Classic. **High School:** Attended Junipero Serra High School...CIF Division IV champion in the 100 hurdles (2004-06) and in the 300 hurdles (2004-05)...2005 state runner-up in 100 hurdles...high school team was CIF Division IV champion in 2003 and runner-up in 2004. **Personal:** Born May 17, 1988, in Los Angeles...parents are Pamela and Keith Broom, Sr....undeclared major.

## TAYLOR BRYSON

**1500-5000**

**Freshman, Costa Mesa, Calif.**

**Freshman (2008):** Redshirted. **High School:** PRed in the 1600-meter run with a time of 4:58...placed sixth in the 1600 at the CIF finals in 2006 and 2007...a first-team All-CIF selection for cross country in 2006...part of the Newport Harbor High School team that placed second at the state meet in 2005 and 2006...made the honor roll all four years...a member of the California Scholarship Federation. **Personal:** Born July 19, 1989, in Long Beach, Calif....parents are Richard Bryson and Cameron Williams...father played baseball at Long Beach State and minor league baseball in the Los Angeles Dodgers organization...one of four siblings...brother, Trent, was a steeplechaser for UC Santa Barbara and ran on the Nike Farm Team...hopes to work in business or sports medicine...undeclared major.



## BRAZILE CLARK

**400-800**

**Freshman, Castro Valley, Calif.**

**High School:** Ran for Bishop O'Dowd High School in the Hayward Athletic League, in which she won the 400 and 800 in three of four years...her 4x400-meter relay won the HAL title all four of her years at Bishop



O'Dowd...won the 800 at the 2008 CIF NCS Meet of Champions...placed fourth in the 800 in the 2008 California state meet...O'Dowd's 4x400-meter relay was the 2007 state champion...also competed for the East Oakland Youth Development Center track club and 3M Track Club...recorded top times of 2:11.1 in the 800 meters, 55.8 in the 400 meters and 54.1 in her split in the 4x400-meter relay. **Personal:** Born June 20, 1990, in Berkeley, Calif.... represented the United States at the Bank of Scotland Cup in 2008...competed in the 800 in the 2008 USA Junior Outdoor Track & Field Championships...parents are mother Kenya Crockett, who attended Cal, and stepfather Drummond Threat...undeclared major.

## KAYLA DIXON

**100-200**

**Sophomore, Winnetka, Calif.**

**Freshman (2008):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...clocked a time of 11.96 in the 100 meters at the Payton Jordan Cardinal Qualifier...part of the regional-qualifying 4x100-meter relay that clocked a time of 45.03. **High School:** Named Most Valuable Runner all four years at Grover Cleveland High School...CIF state qualifier in the 100 all four years and three times in the 200 meters...top times include 11.9 in the 100, 24.7 in the 200 and 56.4 in the 400...also played soccer and made first-team all league...academically, was on the Senior Board and Ephebian. **Personal:** Born April 4, 1989, in Woodland Hills, Calif....parents are Keith and Letitia Dixon...has one sister...member of Bear SAAC (Student-Athlete Advisory Council)...undeclared major.



## CHERRELLE GARRETT

**100-200**

**Sophomore, Hayward, Calif.**

**Freshman (2008):** Clocking a time of 12.08 in the prelims of the 100 meters at the NCAA Championships and placed eighth (44.32) on Cal's 4x100 relay with Kimyon Broom, Kristin Holmes and Kandi Bonty...earned NCAA bid in the 100 meters by taking second overall with a time of 11.45 at the NCAA West Regional...logged a new PR in the preliminary race at the regional with a time of 11.41, which tied her for second best in



the conference, and improved her second-best time in school history and her school freshman record time...posted a time of 11.45 in the final of the 100-meter dash, taking second at the Pac-10 Championships, and took first in the prelims, with a time of 11.44, which was a school freshman record and the second-best 100-meter time in school history...also at the conference meet, clocked a season-best, NCAA regional-qualifying time of 23.73 that ranks sixth in school history...at the Brutus Hamilton Invitational, was a member of the women's 4x100-meter relay also consisting of Kimyon Broom, Kristin Holmes and Kandi Bonty that took first with a regional-qualifying time of 44.85, which also ranks fourth all-time in school history...a three-time winner at the Big Meet, claiming top honors in the 100-meter dash, the 200 meters and the 4x100 relay, in which she ran the final leg...ranked No. 24 in the nation in the 100 meters...clocked a regional-qualifying time of 11.51 in the 100 meters...part of the 4x100 relay, with Bonty, Kimyon Broom and Kayla Dixon that logged a season-best, regional-qualifying time of 45.03...provisionally qualified for the NCAA Indoor Championships in the 60-meter with a personal-best time of 7.40. **High School:** At Mount Eden High School, set personal bests of 11.44 in the 100 and 23.68 in the 200...came in third in the state championships in the 100 and the 200...league champion in the 100, the 200 and the 4x100 relay...competed in 2007 Junior Olympics...won the African American Academic Award for most improved GPA. **Personal:** Born May 7, 1989, in Hayward, Calif....parents are Terry Randle and Leander Garrett...hopes to enter a career in law...undeclared major.

## CYRENA GIORDANO

**Pole Vault**

**Sophomore, Redwood Shores, Calif.**

**Freshman (2008):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...notched a season-best mark of 12-1.50 (3.70m) at the Texas Relays...during indoors, recorded a mark of 12-11.75 that ranks fifth all-time in school history. **High School:** Set a PR of 13-0 at the Pole Vault Summit in Reno, Nev....holds the school record at St. Ignatius High School at 12-6, which is also the fourth highest CCS (Central Coast Section) all-time mark...awards earned include, the Most Outstanding Field Athlete Award during her senior year, the Most Improved Field Athlete Award as a junior and the Most Outstanding Athlete Award as a freshman...also played goalie in water polo, earning the CCS Game Ball Award in her junior year. **Personal:** Born



August 8, 1989, in Mountain View, Calif.... parents are Paul and Lynne Giordano, both of which graduated from Cal...has one sister...has been in competitive sports since the age of three, participating in gymnastics, swimming, soccer, basketball, volleyball, dance, flying trapeze and water polo...competed in the preliminary Junior Olympic meets...took third place in an environmental-based poetry contest in 2007...undeclared major.

## ALISON GREGGOR

**1500-5000**

**Junior, Novato, Calif.**

**Sophomore (2008):** Recorded Cal's best 3000-meter time of 10:01.07 at the Big Meet...crossed the finish line at 17:10.71 in the 5000 at the Brutus Hamilton Invitational. **Freshman (2007):** In the 1500 meters at the Aggie Open, she clocked in with a new PR of 4:41.73. **High School:** A 2006 graduate of San Marin High School in Novato, Calif....ran four years of varsity cross country...four-time MCAL (cross country) champion...boasts lifetime bests of 5:00.5 (1600 meters), 11:17 (3200) and 2:20 (800). **Personal:** Born Dec. 17, 1987, in Ridgewood, N.J....parents are Keith and Jenny Greggor...career goal is to become an environmental consultant...psychology major.



## TIFANI GRIMES

**Heptathlon**

**Senior, Sacramento, Calif.**

**Junior (2008):** Earned 4,863 points and took ninth in the heptathlon at the Pac-10 Multi-Event Championships, including a personal-best wind-aided time of 27.36 in the 200 meters and a mark of 5-5.25 (1.66m) in the high jump. **Sophomore (2007):** Honorable mention Pac-10 all-academic selection...finished with 4972 points in the heptathlon at the Pac-10 Multi-Event Championships...in the conference meet, PRed in the 800 meters (2:29.48) and shot put (37-4.5 (11.39m)...in the Aggie Open, notched a time of 14.87 (14.67) at the Aggie Open...also in the Aggie Open, garnered a mark of 116-3 (35.43m) in the javelin...recorded 5-7.75 (1.72m) mark in the high jump at Pac-10s...in the Big Meet, earned a mark of 18-1.50 (5.52m) in the long jump. **Freshman (2006):** Scored a lifetime-best 5034 points in the heptathlon to take seventh at the Pac-10 Multi-Events Championships...tallied 3679 points to take eighth in the pentathlon





at the MPSF Indoor Championships...named MPSF Academic All-Conference...an honorable mention Pac-10 all-academic selection. **2005:** Redshirted the outdoor season...placed third in the heptathlon at the USATF Junior Nationals...USATF Junior All-American. **High School:** A 2004 graduate of St. Francis High School...a Junior Olympian...2004 indoor pentathlon All-American...2004 San Joaquin Section Athlete of the Year. **Personal:** Born May 28, 1986 in Los Angeles...won the Adidas Forever Sports Championship in Sydney, Australia, in 2000 at age 14 after being selected through an essay contest to compete in a youth pentathlon at the 2000 U.S. Olympic Trials...parents are Peter and Agnes Grimes...father was one of Cal's all-time greats in the hurdles...American studies major.

## KRISTIN HOLMES

**Heptathlon**  
**Senior, Claremont, Calif.**

**Junior (2008):** Placed eighth (44.32) on Cal's 4x100 relay at the NCAA Championships with Kimyon Broom, Kandi Bonty and Cherrelle Garrett...notched Cal's best long jump mark of the season at 19-8.00 (5.99m) at the Big Meet...finished with 4,672 points at the Cal Multis...clocked a new personal-best of 24.19 in the 200 at the Pac-10 Multi-Event Championships. **Sophomore (2007):** Set a personal best and earned Cal's second best indoor time in the 200-meter run at the MPSF Indoor Championships (25.38). **Freshman (2006):** Ran third leg of Cal's 4x100-meter relay (45.01) at the Hornet Invitational... member of Cal's second fastest all-time 4x400-meter relay team at the Texas Relays. **High School:** A 2005 graduate of Claremont High School...CIF state finalist in the 100 and 200 meter... had PRs of 11.88 in the 100, 24.01 in the 200, and 19-7 in the long jump...awarded Most Valuable Sprinter three years in a row, Rookie of the Year her freshman year and Most Valuable Athlete...led her team to the California Southern Division II championships...participant in the Junior Olympics and Junior Nationals...lettered in basketball...named MVP, best defensive and best offensive player...honor roll all four years. **Personal:** Born Sept. 30, 1987, in Fontana, Calif....parents are Arthur Holmes and Rhonda Langford...hopes to become a commercial real estate agent...intended legal studies major.



## ROBYN HUNTE

**100-200/Long Jump**  
**Junior, Antioch, Calif.**

**Laney College:** Transfer competed for two years at Laney, earning her team's Freshman of the Year honor in 2007...won the long jump with a mark of 17-11.50 (5.88 meters) in the 2008 California junior college state meet...ran on 4x100-meter relays that won the JC state meets in 2007 and 2008...placed sixth in the 100-meter dash in the 2008 state meet in a personal-best time of 11.91...other personal bests include 24.8 in the 200 and 19-4 in the long jump...earned academic honors both years. **High School:** Team captain her last two years at Deer Valley High School. **Personal:** Born on Sept. 20, 1988, in Hayward, Calif.... parents are Dorret Dobbs-Hunte and Neville Hunte... undeclared major.



## AMANDA HUNTER

**Triple Jump-Long Jump**  
**Freshman, Inglewood, Calif.**

**High School:** Won CIF-SS Division 4 triple-jump title three straight years (2006-08)...her Marlborough School won the CIF-SS Division 4 team title two straight seasons (2006-07)...set her school's record in the triple jump...ran the 4x100 and 4x400 relays for Marlborough her senior year...finished 15th in the triple jump in the 2007 U.S. Junior National Championships and 17th in the triple jump in the 2008 National Scholastic Indoor Champs...competed in gymnastics from first through 10th grades. **Personal:** Born on Nov. 20, 1989, in Los Angeles...parents are Kerry and Fasha Hunter...undeclared major.



## HAYLEY HUXTABLE

**400-200**  
**Sophomore, Santa Cruz, Calif.**

**Freshman (2008):** Part of three regional-qualifying 4x400-meter relay teams, with the season-best time coming at the Pac-10 Championships (3:36.93)...clocked a 400-meter time of 55.70 at the Payton Jordan Cardinal Qualifier. **High School:** Won the 4x100-meter relay, 400 meters, 200



meters and 100 meters at the SCCAL league finals in 2007 (no runner had ever won all three races collectively at that meet before)... Scotts Valley High School Athlete of the Year in 2007...MVP award junior and senior year... three-time state qualifier in the 400 meters... second place in the 400 in the Central Coast Section in 2006...school record holder in the 100 meters (12.3), 200 meters (24.44) and 400 meters (56.03)...also ran cross country for three years, qualified for CCS her sophomore season. **Personal:** Born Jan. 28, 1989, in Santa Cruz, Calif....parents are Phil and Jenine Huxtable...has one sister...one of her hobbies is photography...hopes to get into broadcast journalism...undeclared major.

## JACKIE LEWIS

**100/Long Jump**  
**Junior, Oakland, Calif.**

**UC Riverside:** Spent two years competing for the Highlanders...set school record in the long jump (19-6.75)...twice named Big West Athlete of the Week...brings top times of 12.3 seconds in the 100-meter dash and 25.0 in the 200-meter dash and a top mark of 19-6.75 in the long jump. **High School:** Attended Hoover High School in Fresno, Calif. **Personal:** Born April 14, 1988, in Los Baños, Calif....parents are Willie and Loretta Lewis... undeclared major.



## DEBRA MAIER

**1500-5000**  
**Freshman, Cameron Park, Calif.**

**Cal Cross Country:** Ran 21:13 to place 39th at the 2008 NCAA regional...clocked in at 21:25 to finish 41st at the 2008 Pac-10 Championships. **High School:** Came in third at the 2007 cross country state meet...ran at the 2008 USATF Cross Country Nationals...her Ponderosa High School team was Sierra Valley Conference League champion in 2007... first-team all-state in 2007...Ponderosa placed third at the California State Championships in 2007... personal bests included 17:55 in the 5K and 17:36 in the three mile...school record holder in the 1500 and the 1600...earned numerous scholarships and academic awards, including the AP Scholar Award. **Personal:** Born on Aug. 17, 1990, in Walnut Creek, Calif.... parents are Donna and Paul Maier... one of six siblings...brothers Chris, Jonathan and Stephen and sister Elizabeth all attended





Cal, and Chris ran cross country and track for the Bears...also played softball and soccer...undeclared major.

## MERCEDES MARCHBANKS

**Triple Jump-Long Jump**  
**Junior, Redwood City, Calif.**

**Sophomore (2008):** Notched a regional-qualifying wind-aided mark of 40-9.75 (12.44m) in the triple jump at the Payton Jordan Cardinal Qualifier, which was also the eighth best in school history. **Freshman (2007):** Honorable mention Pac-10 all-academic selection...set new personal bests in the long jump and the triple jump...secured a mark of 18-6.50 (5.65m) in the long jump at the Jim Click Shootout...notched a 39-6.75 (12.05m) in the triple jump at the Pac-10 Championships. **(2006):** Redshirted indoor and outdoor seasons. **High School:** Graduated from Sequoia High School where she was the 2005 league champion in the long jump and triple jump...team MVP...set the school record in the long jump...owned PRs of 38-7 in the triple jump and 18-7 in the long jump...also lettered in basketball and volleyball...in basketball, she was named team MVP in 2003 and 2005 and was first-team all-league in 2004-05...in volleyball, she led her team to league championships in 2005...San Mateo County Athlete of the Year in 2004-05...International Baccalaureate Certificate student. **Personal:** Born Aug. 24, 1987, in Santa Rosa, Calif....parents are Ray and Morgan Marchbanks...public health major.



## INIKA McPHERSON

**High Jump**  
**Senior, Port Arthur, Texas**

**Junior (2008):** Set a regional-qualifying mark in the high jump at the Big Meet, as she claimed top honors with her score of 5-10.00 (1.78m)...provisionally qualified for the NCAA Indoor Championships in the high jump after posting a mark of 5-10.00 (1.78m) at the MPSF Championships. **Sophomore (2007):** Collected All-America honors during both the indoor and outdoor seasons...placed sixth in the women's high jump at the NCAA Outdoor Championships...claimed fourth place at the USA Championships with a leap of 6-00 (1.83 meters)...collected a Cal outdoor season-best 6-00.50 (1.84 meters)



when she took second place in the high jump at the NCAA West Regional(that mark ranked her second on Cal's all-time list and stands as her collegiate-best)...competed at the Pan Am Games, taking 11th (1.78 meters)...she recorded a 6-2 (1.88) before entering Cal...posted a regional-qualifying 5-10.75 (1.80 meters) to win the high jump at the Big Meet...also notched Cal's fifth-best long jump (17-0.50, 5.19, Jim Click Shootout)...set the school record in the high jump with a 6-0 (1.83) at the NCAA championships, in which she took seventh place. **Freshman (2006):** Won the high jump title with a mark of 1.76 meters (5-9.25) at the MPSF Indoor Championships...set the Cal indoor record of 1.80 (5-10.75) in the high jump at the Tyson Invitational...her lifetime-best javelin throw of 36.27 (119-00) at the Bay Area Blast Off ranked her 10th on Cal's all-time list entering 2007. **High School:** A 2005 graduate of Memorial High School...freshman high school-record holder in the high jump and freshman state winner...owned a personal record of 6-2...ranked in the top 10 high school athletes...awarded Texas All-State award...Athlete of the Year in 2005...Verizon All-American in 2004-05...led her high school team to the district championships...earned 5.0 GPA honors...national honor roll...also lettered in basketball, volleyball and cross country. **Personal:** Born Sept. 29, 1986, in Galveston, Texas...mother is Symanthia McPherson...hopes to pursue a career in mass communications...African American studies major.

## KRISTEN MEISTER

**High Jump**  
**Junior, Toledo, Ohio**

**Sophomore (2008):** In her first year as a Bear, earned a spot on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...came in fifth place with a personal-best of 5-10.00 (1.78m) at the Pac-10 Championships that ties her for fourth all-time in school history...took sixth at the NCAA West Regional with a jump of 5-9.25 (1.76m)...tied her then-season-best mark of 5-8.75 (1.75m), which was also a regional-qualifying mark, to take the top spot at the Brutus Hamilton Invitational...won at the Woody Wilson Open with a regional-qualifying mark of 5-8.75 (1.75m)...ranked No. 24 in the nation. **Freshman (2007):** Earned All-America honors at Davidson, placing 11th at the NCAA Outdoor Championships, which was the highest finish by a freshman...an NCAA indoor provisional qualifier...outdoor/indoor school record holder, both marks were 1.81 meters...Southern Conference high-jump record holder (indoors-1.81 meters, outdoors-1.77 meters)...named



the Southern Conference Indoor Freshman of the Year...conference high jump champion in indoors and outdoors...voted Davidson's Most Valuable Field Event Athlete...Outdoor Eastern Regional runner-up...member of the school record-holding 4x100 meter and 4x400-meter relay teams. **High School:** An all-state selection from 2003-06 at Maumee Valley Country Day High School...indoor state champion in 2006 and runner-up in outdoors in 2006 and indoors in 2005...2005 AAU Junior Olympic runner-up...placed fourth in 2004 and fifth in 2005 at the USATF Junior Olympics...took sixth in the 2004 AAU Junior Olympics...Nike Indoor All-American in 2005 and 2006...set the district meet record in the 100-meter hurdles in 2006...regional champion in the 100-meter hurdles that same year...team MVP and team captain in 2005 and 2006...named Most Coachable in 2004 and the Outstanding Senior Woman Athlete in 2006...school record holder in the high jump (1.72 meters), 60-meter hurdles (9.13 seconds), 100-meter hurdles (15.02 seconds) and the 300-meter hurdles (47.3 seconds)...conference record holder in the high jump (5-6) and the district record holder (5-5)...also played field hockey and basketball...a member of her high school's Honor Society...won the University of Michigan Student-Athlete Award. **Personal:** Born Dec. 28, 1987, in Toledo, Ohio...parents are Marc and Teckla Meister...has one brother...would like to jump 6-4 and compete in the Olympics and as a professional athlete...trained by Dwight Stones since the beginning of seventh grade...history major.

## KATIE MORGAN

**Pole Vault**  
**Senior, Tempe, Ariz.**

**Junior (2008):** Capped off her tremendous season by winning the NCAA title in the pole vault with a mark of 13-9.25 (4.20m)...all-Pac-10 honorable-mention selection...set the school record five times in both the outdoor and indoor seasons...posted a new school record with a mark of 13-11.75 (4.26m) to take second at the NCAA West Regional; that mark ranked seventh in the nation and surpassed her old mark of 13-9.25, previously set at the 67th Coca-Cola California Relays...at the Brutus Hamilton Invitational, took first for the third consecutive meet, earning a mark of 13-1.75 (4.01m) to claim top honors...set a new Big Meet record and took first as she set a new school record with her score of 13-5.75...took first at the Woody Wilson Open with her mark of 13-1.50 (4.00m)...provisionally qualified for the NCAA Indoor Championships, as she set a new PR of 13-1.00 (3.99m) at





the MPSF Indoor Championships; this mark (along with teammate Allison Stokke's mark the same day) set the school indoor record. **Sophomore (2007):** Credited with Cal's best pole-vault mark (12-2.0) of the season on pole vault at the Stanford Invitational. **Sophomore Indoors (2006):** Redshirted the outdoor season... notched a mark of 3.60 meters in the pole vault at the Modrall Sperling Invitational. **Freshman (2005):** Her pole vault of 13-00.25 against UNR ranked her second on the Cal all-time top-10 list...set the Cal freshman school record in the pole vault. **High School:** Graduate of Corona del Sol High School, and a high school All-American, was a three-time Arizona state champion in the pole vault... set Arizona state high school records in the event...placed second in the high jump at the state championships...her PRs entering Cal included 12-10.50 in the pole vault and 5-6 in the high jump...member of the National Honor Society. **Personal:** Born Nov. 18, 1985, in Mesa, Ariz....parents are Peter and Kathy Morgan...American studies major.

## KENDALL MORRIS

**Discus-Shot Put**  
**Freshman**

**Modesto, Calif.**

**Personal:** Born on Dec. 13, 1989, in Modesto, Calif.... brought personal-best marks of 152-0 in the discus and 38-0 in the shot put to Cal...posted a 149-3.00 in the discus to take fifth place in the 2008 California State Track and Field Championships...parents are Trayce and John Morris...undeclared major.



## LINDA OSESO

**Shot Put-Hammer Throw**  
**Freshman, Santa Clara, Calif.**

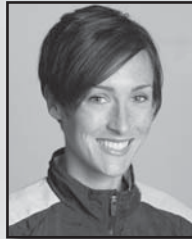
**(2008):** Redshirt. **High School:** Set her Santa Clara High School record of 39-2 in the shot put as a senior...was the El Camino League champion in the shot put and discus in her junior and senior seasons...played two years of varsity basketball...named a co-captain and the Most Outstanding Player or her basketball team as a senior. **Personal:** Born Jan. 25, 1990, in Nairobi, Kenya...parents are Paul and Wahu Oseso...has three sisters...her family immigrated to the United States when she was 11 in March of 2001...fluent in Kiswahili...member of the Bear SAAC (Student-Athlete Advisory Council)...undeclared major.



## MACKENZIE PIERCE

**800-1500**  
**Senior, Winston-Salem, N.C.**

**Junior (2008):** Claimed first place with a personal-best, regional-qualifying time of 4:27.57 in the women's 1500 meters at the Hornet Invitational...held the nation's top 800-meter time at one point during the season, when she posted her first-place time of 2:05.04 at the Big Meet...finished the season ranked No. 12 in the nation in the 800. **Sophomore (2007):** A member of Cal's 4x400-meter relay (Kandi Bonty, Brook Turner and Alysia Johnson) that finished in 18th place (3:36.10) at the NCAA Championships, the third best time on Cal's all-time list...ran the second leg of the 4x400-meter relay (Bonty, Turner and Johnson) that took third in 3:36.62 at the NCAA West Regional...took sixth place in the 800 at the regional with a 2:07.49...advanced to the semifinals in the 800 at the USA championships...ran a lifetime-best and regional-qualifying 2:04.78 to take fourth in the 800 at the Payton Jordan Invitational and to rank fifth on Cal's all-time 800-meter list...ran the second leg of the 4x400-meter relay that set a school-record and regional-qualifying 3:35.46 to win at the California Collegiate Challenge...clocked a provisional-qualifying 2:08.72 in the 800 at the Husky Classic...ran the third leg of the 4x400 relay that set an indoor school record of 3:37.64 and took third at the MPSF championships. **Freshman (2006):** Ran a lifetime-best 4:32.52 1500 meters at the Hornet Invitational...her 2:07.37 made her Cal's second-fastest Bear in the 800 next to Alysia Johnson...ran the second leg of Cal's season-best 4x400-meter relay (3:37.04) at the Texas Relays...during indoors, led off Cal's second-fastest distance medley relay (11:30.10). **High School:** Graduated from Forsyth Country Day High School, where she set school records in the 100, 200, 400, 500, 800, 1000, mile, 4x200, 4x100, 4x400 and 4x800...high school All-American...posted sixth-fastest time in the nation among U.S. high schoolers...state champion in the 200, 400, 800 and 1600...led her team to North Carolina State Championship in 2001...owned PRs of 26.4 in the 200, 55.01 in the 400, 2:06.67 in the 800 and 4:58 in the mile...high school student body president...National Honor Society member...Wendy's High School Heisman finalist. **Personal:** Born June 18, 1986, in Winston-Salem, N.C....parents are Doug and Lezlie Pierce...aspires to be trilingual in English, French and German...peace and conflict studies major.



## THERESA RAUB

**Pole Vault**  
**Junior, Arlington Heights, Ill.**

**Sophomore (2008):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...regionally qualified in the pole vault, as she posted a personal-best mark of 12-7.50 (3.85m) to take third overall at the Hornet Invitational. **Freshman (2007):** Garnered an 11-7.75 (3.55m) on pole vault at the Jim Click Shootout. **High School:** Graduate of Prospect High School...two-time state medalist in the pole vault (6th in 2005, 5th in 2006)...brought a personal best of 12-0 to Cal...set school indoor and outdoor record of 11-6...ran four years (3 varsity) of cross country...four-year varsity, all-conference, all-region gymnast...*Chicago Tribune* All-State Scholar Athlete. **Personal:** Born April 4, 1988, in Arlington Heights, Ill....parents are Dave and Judy Raub...competed in cross country and track and field at Grinnell College...brother, Tim, ran cross country and track at CalTech...brother, Chris, ran cross country and track at Claremont-Mudd-Scripps...geography major.



## CHELSEA REILLY

**1500**  
**Sophomore, Davis, Calif.**

**Freshman (2008):** Clocking a 2:18.49 in the 800 at the Aggie Twilight meet...completed the mile in 5:09.85 at the Brutus Hamilton Invitational. **High School:** PRed in the 5K at the 2006 Stanford Invitational (17:48)...two-time Sac Joaquin Division I section champion in the 1600-meter run in 2006 and 2007...came in fourth in the 2007 California state meet...2007 record-setting masters champion...selected to the All-Sacramento Bee first team in 2007...an All-Metro first-team selection in 2004 and 2005...led Davis Senior High School to four cross country Sac Joaquin section championships, and the 2007 championship in track...led her squad to second place at Arcadia in the 4x400-meter relay and second in the 4x1 mile...graduated in the top 10 percent of her class...lifetime member of the California Scholarship Federation...also competed for the Delta Valley League and the Monticello Empire League. **Personal:** Born May 9, 1989, in San Luis Obispo, Calif....parents are Peter Reilly and Marcia Snodgrass...mother was also a Cal





gymnast...has one brother, Max...future plans include attending medical school and studying sports medicine...undeclared major.

## GABRIELA RIOS-SOTELO

**1500-5000**

**Junior, Berkeley, Calif.**

**Sophomore (2008):** Clocked a time of 4:38.73 in the 1500 at the Stanford Invitational...ran a 3000-meter time of 10:10.47 at the Big Meet. **Redshirt Freshman (2007):** Did not compete in indoors or outdoors. **Freshman (2006):** Redshirted indoors and outdoors. **High School:** A 2005 graduate of St. Mary's High School...set PRs of 4:53 in the 1600 meters and 10:42 in the 3200 meters...won the 1600 and the 3200 at the 2005 North Coast Section meet...2004 state runner-up in cross country...three-time school MVP in cross country and track and field...named 2004-05 Athlete of the Year...led her team to three league track and field championships...played two years of varsity soccer. **Personal:** Born April 8, 1987, in Oakland, Calif....parents are Jose and Priscilla Sotelo...both parents attended Cal...immunology major.



## EVELYN SMITH

**400H-400**

**Senior, Hayward, Calif.**

**Junior (2008):** Secured a time of 1:02.28 in the 400-meter prelim hurdles at the NCAA Championships...advanced to the NCAA Championships in the 400-meter hurdles by clocking a time of 59.30 to take fourth at the NCAA West Regional...earned a PR of 59.07 in the 400-meter hurdles to place fourth at the Pac-10 Championships and set the fifth best time on Cal's all-time charts...reached a then-PR with a time of 59.73 at the Payton Jordan Cardinal Qualifier...earned a then-PR at the Texas Relays, recording a regional qualifying time of 60.02...took first at the Big Meet, recording a time of 1:00.12. **Sophomore (2007):** Honorable mention Pac-10 all-academic selection...competed on Cal's 4x400-meter relay at the NCAA Championships...ran on the 4x400-meter relay that clocked a Cal school-record and regional-qualifying 3:35.46 at the California Collegiate Challenge...posted a lifetime-best and regional-qualifying 1:00.40 in the prelim of the 400-meter hurdles at Pac-10s; later



took eighth in a regional-qualifying 1:00.56 in the final...ran a lifetime-best 56.74 to place second in the 400-meter dash at the Brutus Hamilton Invitational...led off the 4x400 relay that ran an indoor school-record and NCAA provisional-qualifying 3:37.64 (third) at the MPSF Championships...ran a lifetime-best 25.12 in the 200 at MPSFs. **Freshman (2006):** Outdoors, recorded a lifetime-best 1:01.06 in the 400-meter hurdles at the Payton Jordan Cardinal Invitational and a lifetime-best 57.78 in the 400-meter dash at the Brutus Hamilton Invitational...indoors, ran a 26.38 in the 200 meters and a lifetime-best 1:00.08 in the 400 meters at the Arizona-California Challenge...qualified for USATF Junior Nationals in the 400-meter hurdles. **High School:** A three-time track and field MVP at Hayward High School from 2003-05...earned Female Athlete of the Year in 2004 and 2005...2002 Top Freshman Award winner...set the school records in the 300 meters and 100-meter hurdles...second-team all-state for the 300-meter hurdles at the state meet in 2004. **Personal:** Born Oct. 11, 1987, in Castro Valley, Calif....hopes to become a lawyer...parents are Cessani and Marion Smith...undeclared major.

## KIELY SMITH

**Hammer-Discus**

**Sophomore, San Jose, Calif.**

**Freshman (2008):** Posted a personal-best throw of 49.09m in the hammer at the Stanford Invitational...earned Cal's best throw of the season in the shot put (11.46m) and recorded a personal-best throw in the discus (38.95m) at the Big Meet. **(2007):** Redshirted. **High School:** Competed in the West Catholic League at Valley Christian High School. **Personal:** Born March 16, 1988, in San Jose, Calif....parents are Denon and Taunya Smith...sister Monique is an assistant basketball coach for the Sacramento Monarchs...hopes to attend law school...political science major.



## TRACEY STEWART

**Long Jump-Triple Jump**

**Junior, Richmond, Calif.**

**Sophomore (2008):** Notched a regional-qualifying mark of 40-6.00 (12.34m) in the triple jump at the Pac-10 Championships that ranks 10th all time in school history...earned a season-best mark of 19-3.50 (5.88m) in the long jump at the



**Big Meet. Freshman (2007):** Earned Cal's best mark of the year in the long jump at the Dan DeHart Invitational (19-0.75, 5.81m)...recorded a mark of 40-1.25 (12.22m) in the triple jump at the MPSF Indoor Championships. **High School:** A graduate of James Logan High School...her team tied for the 2006 California State Championship...took second in the long jump with a lifetime-best 6.03 meters (19-9.75) and second in the triple jump with a mark of 12.69 (41-7.75) at the state meet...set a lifetime-best mark of 41-9 (triple jump). **Personal:** Born March 15, 1988, in Oakland, Calif....parents are Paul and Karen Stewart...aunt, Pam Crittenden, attended Cal...undeclared major.

## ALLISON STOKKE

**Pole Vault**

**Sophomore, Newport Beach, Calif.**

**Freshman (2008):** Posted a Cal freshman record of 13-5.75 (4.11m) at the Pac-10 Championships...provisionally qualified for the NCAA Indoor Championships, as she recorded a then-PR of 13-1.00 (3.99m) at the MPSF Indoor Championships to set the school indoor record (along with teammate Katie Morgan's mark the same day) and the freshman record...ranked No. 20 in the nation. **High School:** At Newport Harbor High School, broke the country record in her senior season with a mark of 13-7...ranked second in California and second in the nation that year with that jump...made the *Orange County Register* All-County Track Team as a junior...three-time Seaview league champion...first place in the CIF Division II finals with a mark of 13-0...took second place in the CIF state finals (12-9) after recovering from a broken leg...as a sophomore, broke county and meet records and tied the sophomore national record with a jump of 13-4; later, broke all three records again with a mark of 13-5.75...took first at the Orange County Championships (13-0), and was named Female Athlete of the Meet...selected to *USA Today's* All-USA Track Team, Girl's Team...named to the *Los Angeles Times* Top Performers list...achieved the age 15 national record (13-4), the age 16 national record (13-5.75) and the indoor sophomore national record (12-9)...broke the school record four times as a freshman...CIF state champion (12-8)...set the freshman national record with a mark of 12-8...named to the *Los Angeles Times* Girl's Track All-Star team...a Verizon junior All-American...won the Newport Harbor High School Academic Excellence Award...NHHS academic letter and pin...national honor society and the California Scholarship Federation. **Personal:** Born March 22, 1989, in Newport





Beach, Calif....parents are Allan and Cindy Stokke...has two brothers...brother, David, graduated from Cal in 1990...participated in competitive gymnastics for 10 years...made the U.S. youth team in the 2005 World Youth Championships, but did not compete due to an broken leg...undeclared major.

## ROWENA TAM

3000SC

Junior, San Diego, Calif.

**Sophomore (2008):** Regionally qualified at the Big Meet with a time of 10:37.28 that ranks second on Cal's all-time charts. **Freshman (2007):** Garnered Cal's best time of the season in the 3000-meter steeplechase at the Big Meet (11:15.16)...clocked in at 2:14.73 in the 800 meters at the Aggie Open...earned Cal's third best time of the season in the 1500 meters at the Stanford Invitational (4:37.08)...secured a time of 5:01.49 in the mile at the MPSF Indoor Championships...came away with a time of 18:19.35 in the 5000-meter at the California Collegiate Challenge. **High School:** A 2006 graduate of University City High School...participated in varsity track for four years and varsity cross country for three years...set lifetime-best times of 5:02 in the 1600 meters and 2:16 in the 800 meters. **Personal:** Born Sept. 8, 1988, in San Diego...parents are Daniel and Tinna Tam...undeclared major.



## BROOK TURNER

200-400

Senior, Beachwood, Ohio

**(2008):** Redshirted. **Junior (2007):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association Division I All-Academic team...honorable mention Pac-10 all-academic selection...ran the third leg of the 4x400-meter relay that posted a time of 3:36.62 for third at the NCAA West Regional...a member of Cal's 4x400-meter relay (Kandi Bonty, Mackenzie Pierce, and Alysia Johnson) that finished 18th (3:36.10) at the NCAA Championships to rank third on Cal's all-time list...took fifth in the 400 with a time of 54.32 at the regional...led the Bears in the 400 with a regional-qualifying and lifetime-best 53.64 to take third at the California Collegiate Challenge...led off Cal's school-record 4x400-meter relay that ran a regional-qualifying 3:35.46 to win at the California Collegiate Challenge...



ran Cal's fastest 200 with a lifetime-best 24.10 to place fourth at the Jim Click Shootout...ran the second leg of the 4x400 relay that set an indoor school-record 3:37.64 to place third at the MPSF Championships...took fifth in the 200 (24.54) at MPSFs...ran a season-best 7.94 in the 60 at the Hampton Inn & Suites Classic.

**Sophomore (2006):** Ran a lifetime-best 54.06 in the 400-meter dash to take sixth place at the Pac-10 Outdoor Championships...clocked in at 55.69 in the 400 to take seventh at the MPSF Indoor Championships...led off the 4x400-relay that set a Cal indoor record and NCAA provisional-qualifying 3:39.84 to take third place at MPSFs...led off the 4x400-relay team that earned a time of 3:37.04 at the Texas Relays...ran a lifetime-best 7.93 in the 60 meters and collected a 24.58 in the 200 meters at the Arizona-California Challenge during indoors...an MPSF Academic All-Conference pick. **Freshman (2005):** Season cut short by injury...ran a 24.70 in the 200 and a 55.64 in the 400 against Nevada...ran the second leg of the team's second-best time in the 4x100 relay (45.45) in the Brutus Hamilton Meet...ran a season-best 200 and 400 during the indoor season. **High School:** A 2004 graduate of The Hawken School...was a two-time Ohio state champion (2002, '04) in the 400-meter...won four state championships (200, 400, 4x2, 4x4) as a sophomore...set school records in six events...set PRs of 24.51 in the 200 and 54.32 in the 400...ran cross country. **Personal:** Born June 23, 1986, in Cleveland, Ohio...mother is Judith Turner...brother, Aki Braxton, attended FAMU and played football at West Virginia...film major.

## FRANCESCA WEEMS

800-400

Senior, Kailua-Kona, Hawai'i

**Junior (2008):** Earned a spot on the U.S. Track and Field and Cross Country Coaches Association's Division I All-Academic team...clocked a 57.07 in the 400 at the Brutus Hamilton Invitational and a 2:16.47 in the 800 at the Big Meet. **Sophomore (2007):** Selected to the Pac-10 All-Academic second team...PRed in the 200 meters and the 400 meters...recorded a time of 25.18 in the 200-meter at the Jim Click Shootout...clocked in at 56.62 in the 400-meter at the Big Meet...a member of Cal's 4x400 relay that finished with a time of 3:39.07 at the Pac-10 Championships. **Freshman (2006):** Clocked Cal's third-fastest 400-meter dash with a lifetime-best 56.74 at the Big Meet...ran a lifetime-best 25.28 in the 200 meters at the MPSF Indoor Championships. **High School:** A 2005 graduate of Kealakehe High School...state champion in the 100, 200 and 400 in 2005...state champion in the 200



in 2003...also lettered in cross country and soccer for three years. **Personal:** Born April 6, 1986, in Los Angeles...hopes to become a news anchor or news reporter...daughter of Jacqueline Weems...brother, Marcus, played football for the University of Hawai'i-Manoa...mass communications major.

## ARTENSIA YOUNG

Long Jump-Triple Jump-Hurdles  
Senior, Los Angeles

**Junior (2008):** Recorded Cal's fifth best all-time mark with a wind-aided 41-6.00 (12.54) in the triple jump to become a regional qualifier at the Payton Jordan Cardinal Qualifier...took ninth in the triple jump at the West Regional with a mark of 40-8.75 (12.41m)...posted a season-best long jump of 17-3.50 (5.27) (Big Meet). **Sophomore (2007):** Set Cal's second-best triple jump heading into the regional with a 40-6.75 (12.36) qualifier to take ninth at the Pac-10 Championships...claimed a lifetime-best triple jump with a 41-4.50 (12.61) (Dan DeHart Invitational). **Freshman (outdoors, 2006):** Ran lifetime bests in the 100-meter hurdles (14.04, Cal Multi-Events Meet) and 400-meter hurdles (1:05.74, Big Meet)...recorded a lifetime-best 4915 in the heptathlon (Cal Multis)...honorable mention Pac-10 all-academic...set PRs in the triple jump (12.53 meters, 41-1.5) and 3614 in the pentathlon (2006 MPSF Indoor Championships)...an all-MPSF academic selection...in 2005, posted Cal's second-best triple jump of the season at the MPSF Indoor Championships (40-11.50, 11.63)...redshirted 2005 outdoor season. **High School:** Competed at Junipero Serra High School and was a state finalist in the triple jump...set personal records of 40-5 in the triple jump, 19-0 in the long jump and 14.2 in the 100-meter hurdles. **Personal:** Born Jan. 7, 1986, in Los Angeles...parents are Anthony and Sabrina Young...Anthony Young ran hurdles for UCLA and Idaho...social welfare major.



# 2009 NCAA REGIONAL QUALIFYING STANDARDS

## MEN

Event.....	FAT
100 Meters.....	10.55
200 Meters.....	21.35
400 Meters.....	47.20
800 Meters#.....	1:50.40
1,500 Meters#.....	3:47.80
Mile#.....	4:06.00
3,000-Meter Steeplechase#.....	9:07.00
5,000 Meters#.....	14:12.00
10,000 Meters# - Auto.....	28:45.00
10,000 Meters# - Prov.....	29:30.00
110-Meter Hurdles.....	14.30
400-Meter Hurdles.....	52.51
400-Meter Relay.....	40.66
440-Yard Relay.....	40.86
1,600-Meter Relay.....	3:10.00
Mile Relay.....	3:11.10

### Metric

High Jump.....	2.10
Pole Vault.....	5.05
Long Jump.....	7.34
Triple Jump.....	15.00
Shot Put.....	16.80
Discus.....	51.70
Javelin.....	61.60
Hammer.....	56.80
Decathlon - Auto.....	7,500 points
Decathlon - Prov.....	6,900 points

# - Altitude adjustment available

## WOMEN

Event.....	FAT
100 Meters.....	11.75
200 Meters.....	23.96
400 Meters.....	54.61
800 Meters#.....	2:09.80
1500 Meters#.....	4:27.80
Mile#.....	4:49.30
3,000-Meter Steeplechase#.....	10:50.25
5000 Meters#.....	16:52.00
10,000 Meters# - Auto.....	33:30.00
10,000 Meters# - Prov.....	35:00.00
100-Meter Hurdles.....	13.92
400-Meter Hurdles.....	1:00.82
400-Meter Relay.....	45.70
440-Yard Relay.....	45.90
1,600-Meter Relay.....	3:42.00
Mile Relay.....	3:43.30

### Metric

High Jump.....	1.75
Pole Vault.....	3.85
Long Jump.....	6.00
Triple Jump.....	12.32
Shot Put.....	14.30
Discus.....	47.30
Javelin.....	43.45
Hammer.....	54.15
Heptathlon - Auto.....	5,500 points
Heptathlon - Prov.....	5,050 points

# - Altitude adjustment available



## TORRENCE BREAKS BOWDEN'S LONGTIME MILE RECORD

David Torrence (left) set the school record in the mile at the California Collegiate Challenge, winning in 3:58.62 to break the almost-50-year-old record held by former Cal great Don Bowden (right).



# 2008 RESULTS

## MPSF INDOOR CHAMPIONSHIPS RESULTS

Feb 29-March 1, 2008, Dempsey Indoor Facility  
University of Washington, Seattle, Wash.

### TEAM SCORES - MEN

1. Oregon.....85
2. **California** .....81
3. Arizona State .....77
4. Stanford .....73
5. Arizona.....58
5. Washington State .....58
7. Washington .....57
8. UCLA .....53.50
9. Cal State Northridge .....49
10. Long Beach State .....28.50

### TEAM SCORES - WOMEN

1. Arizona State .....154.50
2. Stanford .....141
3. Oregon.....72
4. **California** .....69
5. Washington .....60.50
6. Arizona.....57.50
7. Washington State .....49
8. Cal State Northridge .....38
9. UCLA .....12.50
10. Long Beach State .....6



## NCAA INDOOR CHAMPIONSHIPS RESULTS

March 14-15, Randal Tyson Track Center •  
University of Arkansas, Fayetteville, Ark.

### CAL'S FINISHERS

- 800m.....3. Alysia Johnson .....2:05.47  
High Jump .....7. Ed Wright.....7-0.25 (2.14m)

## NCAA OUTDOOR CHAMPIONSHIPS RESULTS

June 11-14, Drake Stadium • Drake, Des Moines, Iowa

### CAL'S FINISHERS

- Pole Vault .....1. Katie Morgan.....13-9.25 (4.20m)  
1500m.....10. David Torrence .....3:43.97  
High Jump .....14. Ed Wright.....6-10.75 (2.10m)  
Discus.....8. Martin Maric .....185-10 (56.64m)  
4x100.....8. Broom, Bonty, Holmes, Garrett .....44.32

*Katie Morgan won the 2008 NCAA outdoor pole vault title.*

## PACIFIC-10 CONFERENCE CHAMPIONSHIPS RESULTS

May 16-17, 2008, Sun Angel Stadium • Arizona State, Tempe, Ariz.

### TEAM SCORES - MEN

- |                                 |                                |
|---------------------------------|--------------------------------|
| 1. Oregon.....144.50            | 6. Washington State .....73.50 |
| 2. Arizona State .....134       | 7. USC .....69.50              |
| 3. UCLA .....108                | 8. Arizona.....65              |
| 4. <b>California</b> .....81.50 | 9. Washington .....63          |
| 5. Stanford .....79             |                                |

### CAL'S FINISHERS

- Discus.....2. Martin Maric .....195-10 (59.68m)  
Pole Vault .....5. Ryan Shuler .....16-6.75 (5.05m)  
.....9. Donny Appanaitis .....16-6.75 (5.05m)  
110mH .....3. Jordan Paul .....13.95  
.....7. Thomas Mack .....14.04  
Long Jump.....19. Kyle Mills-Bunje.....19-11.00 (6.07m)  
4x100m Relay.....6. Cal.....40.55  
4x400m Relay.....9. Cal.....3:11.56  
5000m.....3. Yosef Ghebray.....14:19.85  
.....20. Mark Matusak14:43.31  
.....24. Chris Chavez.....14:55.84  
10,000m.....4. Kari Karlsson.....30:19.49  
High Jump .....1. Ed Wright .....7-3.25 (2.22m)  
800m.....7. Sean Carey .....1:49.60  
.....8. David Torrence .....1:59.20  
3000mSC.....9. Matt Kelley Miller.....9:00.83  
.....13. Micah Parker .....9:13.91  
Javelin .....2. Ryan Young .....235-02 (71.67m)  
.....4. Martin Maric .....220-05 (67.19m)  
1500m.....3. Mark Matusak.....3:42.52  
.....6. David Torrence .....3:43.58  
Shot Put.....6. Craig Kent .....58-8.00 (17.88m)  
.....11. Patrick Kowalsky .....52-7.25 (16.03m)  
Hammer.....15. Miles Palacios .....171-09 (52.35m)  
400mH.....2. Jake Hanson .....49.82

### TEAM SCORES - WOMEN

- |                              |                                 |
|------------------------------|---------------------------------|
| 1. Arizona State .....186.50 | 6. <b>California</b> .....71.50 |
| 2. Stanford .....117         | Washington State .....71.50     |
| 3. Oregon.....100            | 8. Arizona.....65               |
| 4. USC .....91               | 9. Washington .....32.50        |
| 5. UCLA .....80              |                                 |

### CAL'S FINISHERS

- 400m.....9. Kandi Bonty.....55.37  
100mh.....1. Kimyon Broom.....13.26  
Long Jump.....16. Tracey Stewart .....18-4.50 (5.60m)  
Pole Vault .....3. Katie Morgan.....13-5.75 (4.11m)  
.....4. Allison Stokke.....13-5.75 (4.11m)  
.....17. Theresa Raub .....11-7.75 (3.55m)  
High Jump .....5. Kristen Meister .....5-10.00 (1.78m)  
.....18. Tifani Grimes .....5-3.00 (1.60m)  
5000m.....19. Alison Greggor .....17:49.91  
.....23. Gabriela Rios-Sotelo .....18:01.92  
Triple Jump.....7. Tracey Stewart .....40-6 (12.34m)  
.....8. Artensia Young .....39-8.75 (12.11m)  
.....15. Mercedes Marchbanks .....35-0.25 (10.67m)  
4x100m Relay.....2. Cal.....44.69  
4x400m Relay.....2. Cal.....3:36.93  
800m.....1. Alysia Johnson .....2:00.57  
.....8. Mackenzie Pierce .....2:10.25  
.....9. Pippa Macdonald .....2:12.58  
400mH.....4. Evelyn Smith .....59.07  
200m.....5. Cherrelle Garrett .....23.73  
100m.....2. Cherrelle Garrett .....11.45

# MEN'S 2008 BEST PERFORMANCES

## EVENT (REGIONAL QUALIFIER)

<i>Athlete</i>	<i>Date</i>	<i>Meet</i>	<i>Season</i>	<i>PR</i>
<b>60M (6.63/6.74)</b>				
Kellan Patterson	3/1	MPSF Championships	6.84	6.84
Nick Porter	1/26	Blue & Orange Classic	6.99	6.91
Thomas Mack	2/2	United Heritage Invite	7.07	7.07
Jordan Paul	1/26	Blue & Orange Classic	7.21	7.21
Kyle Mills-Bunje	2/16	Husky Classic	7.37	7.30
<b>100M (10.55)</b>				
Thomas Mack	4/12	Big Meet	10.62	10.62
Kellan Patterson	5/4	Payton Jordan	10.62w	10.62
Nick Porter	4/12	Big Meet	10.68	10.56
Michael Bradley	5/4	Payton Jordan	10.74w	10.74
Steven Conrad	4/12	Big Meet	10.95	10.95
Jordan Paul	3/29	Sacramento State Elite	11.13	11.10
Kyle Mills-Bunje	5/9	Pac-10 Multis	11.39	11.39
<b>200M (21.35)</b>				
Michael Bradley	5/16	Pac-10 Championships	21.47	21.47
Thomas Mack	4/12	Big Meet	21.68w	21.62
Nick Porter	4/12	Big Meet	21.71w	21.53
Keagan Wethington	3/29	Sacramento State Elite	22.11	22.04
Kellan Patterson	2/29	MPSF Championships	22.15 (i)	21.85
Tojsh Kennedy	2/29	MPSF Championships	22.20 (i)	22.05
Steven Conrad	4/12	Big Meet	22.34	21.35
Kyle Mills-Bunje	4/19	Woody Wilson Open	23.31	22.45
<b>400M (47.20/46.9)</b>				
Jake Hanson	4/26	Brutus Hamilton Invite	46.76*	46.76
Keagan Wethington	5/4	Payton Jordan	48.73	48.73
Tojsh Kennedy	3/29	Husky Classic	48.73	48.17
Jonathan Suddaby	5/10	Aggie Twilight	50.97	47.79
Kyle Mills-Bunje	5/9	Pac-10 Multis	53.21	53.21
<b>800M (1:50.40/1:50.1)</b>				
David Torrence	5/16	Pac-10 Championships	1:49.15*	1:49.15
Sean Carey	5/16	Pac-10 Championships	1:49.43*	1:49.43
Andres Perezchica	5/16	Pac-10 Championships	1:50.36*	1:50.20
Joey Thomas	4/12	Big Meet	1:51.75	1:51.75
Mark Matusak	2/2	United Heritage Invite	1:52.28 (i)	1:52.28
Francis Gadayan	3/1	MPSF Championships	1:52.70 (i)	1:49.78
Eric Lee	2/2	United Heritage Invite	1:53.59 (i)	1:52.23
Nick Palladino	3/1	MPSF Championships	1:54.05 (i)	1:54.05
Alejandro Bautista	4/5	Stanford Invite	1:56.76	1:56.11
Chris Chavez	3/22	Hornet Invitational	1:57.48	1:57.48
<b>1500M (3:47.80/3:47.5)</b>				
David Torrence	5/31	NCAA West Regional	3:42.25*	3:40.80
Mark Matusak	5/17	Pac-10 Championships	3:42.52*	3:42.52
Chris Chavez	4/12	Big Meet	3:50.25	3:50.25
Yusef Ghebray	4/26	Brutus Hamilton Invite	3:50.28	3:50.28
Kari Karlsson	4/26	Brutus Hamilton Invite	3:51.15	3:51.15
Nick Palladino	3/29	Sacramento State Elite	3:56.22	3:56.22
Sean Carey	3/22	Hornet Invitational	3:58.24	3:58.24
Alejandro Bautista	3/29	Sacramento State Elite	4:03.30	4:01.00
Peter Deptula	3/22	Hornet Invitational	4:04.48	4:02.35
Micah Parker	3/22	Hornet Invitational	4:05.09	4:05.09
Patrick Lynch	4/5	Stanford Invite	4:05.21	4:05.21
Kyle Mills-Bunje	5/10	Pac-10 Multis	4:58.89	4:58.89
<b>MILE (4:06.00/4:05.7)</b>				
David Torrence	4/26	Brutus Hamilton Invite	3:59.10*	3:58.62
Mark Matusak	4/26	Brutus Hamilton Invite	4:00.59*	4:00.59
Michael Coe	2/16	Husky Classic	4:03.43# (i)	4:03.43
Eric Lee	2/16	Husky Classic	4:11.18 (i)	4:10.54
Chris Chavez	4/26	Brutus Hamilton Invite	4:13.81	4:11.42
Sean Carey	2/2	United Heritage Invite	4:17.17 (i)	4:17.17
Francis Gadayan	2/2	United Heritage Invite	4:28.12 (i)	4:13.72
<b>3000M (N/A / N/A)</b>				
Michael Coe	3/1	MPSF Championships	7:59.75 (i)	7:59.75
Yusef Ghebray	3/1	MPSF Championships	8:02.68 (i)	8:02.68
Mark Matusak	4/12	Big Meet	8:18.12	8:06.18
Kari Karlsson	4/12	Big Meet	8:18.18	8:18.18
Chris Chavez	2/16	Husky Classic	8:23.16 (i)	8:14.66
<b>3000M STEEPLECHASE (9:07.00/9:06.7)</b>				
Matthew Miller	5/17	Pac-10 Championships	9:00.83*	9:00.83
Micah Parker	4/12	Big Meet	9:15.60	9:15.60
Patrick Lynch	4/25	Brutus Hamilton Invite	9:36.81	9:36.81
Matt Miller	4/25	Brutus Hamilton Invite	9:40.85	9:40.85
Peter Deptula	4/25	Brutus Hamilton Invite	9:45.91	9:38.00
<b>5000M (14:12.00/14:11.7)</b>				
Kari Karlsson	5/4	Payton Jordan	14:07.13*	14:07.13
Yusef Ghebray	5/4	Payton Jordan	14:10.11*	14:03.86
Chris Chavez	4/5	Stanford Invite	14:14.61	14:14.61
Mark Matusak	5/17	Pac-10 Championships	14:43.31	14:16.28
Matt Miller	4/5	Stanford Invite	14:57.13	14:57.13
Matt H. Miller	4/5	Stanford Invite	15:22.77	15:22.77
Micah Parker	4/5	Stanford Invite	15:38.27	15:38.27
John Cheng	4/25	Brutus Hamilton Invite	15:39.65	15:39.65
<b>10,000M (28:45.00 AUTO./29:30.00 PROV.)</b>				
Kari Karlsson	4/5	Stanford Invite	29:28.05*	29:28.05
John Cheng	4/5	Stanford Invite	32:47.69	32:47.69

## 60M HURDLES (7.70/7.91)

Thomas Mack	2/29	MPSF Championships	7.89#^	7.89
Jordan Paul	2/2	United Heritage Invite	8.07	8.07
Steven Conrad	1/26	Blue & Orange Classic	8.74	8.50
Kyle Mills-Bunje	1/26	Blue & Orange Classic	9.01	8.82

## 110M HURDLES (14.30/--)

Thomas Mack	4/12	Big Meet	13.74*	13.74
Jordan Paul	5/4	Payton Jordan	13.78#w	13.78
Kyle Mills-Bunje	5/4	Payton Jordan	16.14	15.23

## 400M HURDLES (52.51/52.2)

Jake Hanson	5/17	Pac-10 Championships	49.82*	49.82
Justin Ta	4/25	Brutus Hamilton Invite	55.27	55.27
Jordan Paul	4/12	Big Meet	56.04	56.04
Jon Meachem	4/12	Big Meet	1:00.88	1:00.88

## 4X100M RELAY (40.66/40.4)

K. Patterson, M. Bradley	5/30	NCAA West Regional	40.51*	
N. Porter, T. Mack				
K. Patterson, M. Bradley	4/26	Brutus Hamilton Invite	40.89	
N. Porter, S. Conrad				
N. Porter, T. Mack,	3/29	Sacramento State Elite	41.23	
J. Hanson, K. Patterson				
K. Patterson, T. Mack,	4/12	Big Meet	41.37	
J. Hanson, S. Conrad				

## 4X400M RELAY (3:10.00/3:09.7)

K. Wethington, J. Hanson	5/17	Pac-10 Championships	3:11.56	
S. Carey, A. Perezchica				
K. Patterson, J. Hanson	4/26	Brutus Hamilton Invite	3:11.94	
S. Carey, A. Perezchica				
T. Kennedy, S. Carey	4/12	Big Meet	3:12.66	
A. Perezchica, J. Hanson				
Kennedy, Perezchica,	3/1	MPSF Championships	3:15.01 (i)	
Hanson, Gadayan				
K. Wethington, T. Kennedy	3/29	Sacramento State Elite	3:13.21	
S. Carey, J. Hanson				

## DISTANCE MEDLEY RELAY (METERS: 9:36.20/9:47.90)

Matusak, Hanson,	2/29	MPSF Championships	9:38.39#	
Perezchica, Coe				

## HIGH JUMP (2.10)

Ed Wright	5/17	Pac-10 Championships	7-3.25 (2.22m)*	7-3.25 (2.22m)
Kyle Mills-Bunje	4/3	Cal Multi-Event	6-5.00 (1.96m)	6-5.00 (1.96m)

## LONG JUMP (7.34)

Steven Conrad	4/12	Big Meet	23-5.25 (7.14m)	24-2.25 (7.37m)
Kyle Mills-Bunje	4/19	Woody Wilson Open	23-4.50 (7.12m)	23-4.50 (7.12m)
Ed Wright	3/29	Sacramento State Elite	22-7.75 (6.90m)	23-5 (7.16m)
Christian Green	2/29	MPSF Championships	20-7 (6.27m) (i)	20-7 (6.27m)

## TRIPLE JUMP (15.00)

Christian Green	3/1	MPSF Championships	47-6.25 (14.48m) (i)	47-6.25 (14.48m)
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## DISCUS (51.70)

Martin Maric	4/5	Texas Relays	200-7 (61.13m)*	205-8 (62.68m)
Craig Kent	4/5	Texas Relays	178-10 (54.52m)*	178-10 (54.52m)
Patrick Kowalsky	4/25	Brutus Hamilton Invite	156-03 (47.63m)	156-03 (47.64m)
Miles Palacios	4/19	Woody Wilson Open	149-06 (45.57m)	170-5 (51.94m)
Kyle Mills-Bunje	3/29	Sacramento State Elite	112-9 (34.37m)	129-9 (39.62m)

## SHOT PUT (16.80)

Craig Kent	5/16	Pac-10 Championships	58-8.00 (17.88m)*	58-8 (17.88m)
Patrick Kowalsky	4/26	Brutus Hamilton Invite	54-8.25 (16.67m)	54-8.25 (16.67m)
Martin Maric	1/26	Blue & Orange Classic	53-2.75 (16.22m) (i)	53-5 (16.28m)
Miles Palacios	4/12	Big Meet	47-11.25 (14.61m)	47-11.25 (14.61m)
Kyle Mills-Bunje	3/22	Hornet Invitational	40-11.00 (12.47m)	42-6.00 (12.95m)

## HAMMER (56.80)

Miles Palacios	3/29	Sacramento State Elite	183-09 (56.00m)	183-09 (56.00m)
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## POLE VAULT (5.05)

Donny Appanaitis	5/31	NCAA West Regional	17-1.00 (5.21m)*	17-1.00 (5.21m)
Ryan Shuler	5/31	NCAA West Regional	16-7.25 (5.06m)*	17-4 (5.29m)
Grigore Key	3/1	MPSF Championships	16-0.50 (4.89m) (i)	16-0.50 (4.89m)
Andrew Stevens	4/12	Big Meet	15-7.0 (4.75m)	15-7.0 (4.75m)
Kyle Mills-Bunje	4/3	Cal Multi-Event	15-1.0 (4.60m)	15-1.0 (4.60m)

## JAVELIN (61.60)

Ryan Young	5/16	Pac-10 Championships	235-02 (71.67m)*	235-02 (71.67m)
Martin Maric	5/16	Pac-10 Championships	220-05 (67.19m)*	237-3 (72.32m)
Colin Kennedy	4/12	Big Meet	193-08 (59.04m)	193-08 (59.04m)
Kyle Mills-Bunje	5/10	Pac-10 Multis	166-00 (50.60m)	166-00 (50.60m)

## WEIGHT THROW (21.50/19.50)

Miles Palacios	2/2	United Heritage Invite	53-7.5 (16.34m)	53-7.5 (16.34m)
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## DECATHLON (7,500 AUTO./6,900 PROV.)

Kyle Mills Bunje	5/10	Pac-10 Multis	6,673	6,673
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## HEPTATHLON (5650/5300)

Steven Conrad	3/1	MPSF Championships	5,314*	5,314
Kyle Mills-Bunje	3/1	MPSF Championships	5,160	5,160

*Times/marks outdoors unless otherwise noted*

\* NCAA Regional Qualifier

% Freshman Record

^ Outdoor School Record

i Indoors

w Wind aided



# WOMEN'S 2008 BEST PERFORMANCES

## EVENT (REGIONAL QUALIFIER)

Athlete	Date	Meet	Season	PR
<b>60M (7.26/7.44)</b>				
Cherrelle Garrett	3/1	MPSF Championships	7.40#	7.40
Kayla Dixon	2/16	Husky Classic	7.90	7.90
Artensia Young	1/26	Blue & Orange Classic	7.99	7.99
Kimyon Broom	1/26	Blue & Orange Classic	8.01	8.01
Dantia Hudson	2/16	Husky Classic	8.03	8.03

## 100M (11.75)

Cherrelle Garrett	5/30	NCAA West Regional	11.41**	11.41
Kayla Dixon	5/4	Payton Jordan	11.96	11.87
Kimyon Broom	4/12	Big Meet	12.25	12.20
Lollie Onipede	3/29	Sacramento State Elite	12.78w	11.92

## 200M (23.96)

Cherrelle Garrett	5/17	Pac-10 Championships	23.73*	23.68
Kristin Holmes	5/9	Pac-10 Multis	24.19	24.19
Kandi Bonty	4/25	Brutus Hamilton Invite	24.26w	24.25
Hayley Huxtable	4/25	Brutus Hamilton Invite	24.65	24.44
Kayla Dixon	4/12	Big Meet	24.77	24.59
Dantia Hudson	4/25	Brutus Hamilton Invite	26.68	26.68
Tifani Grimes	5/9	Pac-10 Multis	27.36w	27.36
Sarah Morrison	4/3	Cal Multi-Event	29.35	29.35

## 400M (54.61/54.3)

Kandi Bonty	4/12	Big Meet	54.44*	54.44
Brook Turner	2/2	United Heritage Invite	55.49 (i)	53.64
Mackenzie Pierce	3/1	MPSF Championships	55.61 (i)	55.61
Hayley Huxtable	5/4	Payton Jordan	55.70	55.70
Evelyn Smith	4/26	Brutus Hamilton Invite	55.93	55.93
Francesca Weems	4/26	Brutus Hamilton Invite	57.07	56.62
Natalya Beneby	3/1	MPSF Championships	57.22 (i)	57.22
Shannon Forbes	4/26	Brutus Hamilton Invite	58.22	58.22

## 800M (2:09.80/2:09.5)

Alysia Johnson	5/17	Pac-10 Championships	2:00.57*	1:59.29
Mackenzie Pierce	4/12	Big Meet	2:05.04*	2:04.78
Pippa Macdonald	5/16	Pac-10 Championships	2:10.49	2:10.49
Francesca Weems	4/12	Big Meet	2:16.47	2:16.47
Chelsea Reilly	5/10	Aggie Twilight	2:18.49	2:18.49
Tifani Grimes	5/10	Pac-10 Multis	2:30.58	2:29.48
Kristin Holmes	4/3	Cal Multi-Event	2:34.40	2:34.40
Dantia Hudson	4/3	Cal Multi-Event	2:42.75	2:42.75

## 1500M (4:27.80/4:27.5)

Mackenzie Pierce	3/22	Hornet Invitational	4:27.57*	4:27.57
Chelsea Reilly	5/16	Pac-10 Championships	4:35.05	4:35.05
Gabriela Rios-Sotelo	4/5	Stanford Invite	4:38.73	4:38.73

## MILE (4:49.30/4:49.0)

Rowena Tam	4/26	Brutus Hamilton Invite	4:51.39	4:51.39
Mackenzie Pierce	2/2	United Heritage Invite	4:57.72 (i)	4:57.72
Chelsea Reilly	4/26	Brutus Hamilton Invite	5:09.85	5:09.85

## 3000M (N/A / N/A)

Alison Greggor	3/1	MPSF Championships	9:48.20 (i)	9:48.20
Gabriela Rios-Sotelo	3/1	MPSF Championships	9:53.71 (i)	9:53.71
Rowena Tam	3/1	MPSF Championships	10:02.56 (i)	10:02.56
Rebecca Yau	4/12	Big Meet	10:29.29	9:39.35

## 3000M STEEPLECHASE (10:50.25/10:50.0)

Rowena Tam	4/12	Big Meet	10:37.28*	10:37.28
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## 5000M (16:52.00/16:51.7)

Rowena Tam	4/5	Stanford Invite	17:01.31	17:01.31
Alison Greggor	4/25	Brutus Hamilton Invite	17:10.71	17:10.71
Rebecca Yau	4/5	Stanford Invite	17:41.78	16:52.66
Rebecca Palm	5/10	Aggie Twilight	17:46.90	17:46.90
Araceli Huerta	4/25	Brutus Hamilton Invite	17:58.88	17:58.88
Gabriela Rios-Sotelo	5/17	Pac-10 Championships	18:01.92	18:01.92

## 10,000M (33:30.00 AUTO./35:00.00 PROV.)

Araceli Huerta	4/5	Stanford Invite	37:23.06	37:23.06
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## 60M HURDLES (8.14/8.43)

Kimyon Broom	2/16	Husky Classic	8.52	8.52
Dantia Hudson	2/2	United Heritage Invite	8.96	8.96
Tifani Grimes	2/16	Husky Classic	9.09	9.08

## 100M HURDLES (13.92/--)

Kimyon Broom	5/16	Pac-10 Championships	13.17**	13.17
Dantia Hudson	3/29	Sacramento State Elite	14.58	14.40
Tifani Grimes	5/4	Payton Jordan	14.68w	14.33
Kristin Holmes	5/9	Pac-10 Multis	15.20	15.20
Sarah Morrison	4/3	Cal Multi-Event	18.88	18.88

## 400M HURDLES (1:00.82/1:00.5)

Evelyn Smith	5/17	Pac-10 Championships	59.07*	59.07
Natalya Beneby	4/5	Texas Relays	1:01.05	1:00.58
Shannon Forbes	4/12	Big Meet	1:02.64	1:02.64

## 4X100M RELAY (45.70/45.4)

K. Broom, K. Bonty K. Holmes, C. Garrett	6/13	NCAA Championships	44.32*
K. Broom, K. Bonty, K. Dixon, C. Garrett	4/12	Big Meet	45.03*
K. Broom, K. Holmes K. Dixon, C. Garrett	5/31	NCAA West Regional	45.94

## 4X400M RELAY (3:42.00/3:41.7)

H. Huxtable, M. Pierce E. Smith, A. Johnson	5/17	Pac-10 Championships	3:36.93*
H. Huxtable, F. Weems E. Smith, K. Bonty Bonty, Pierce	5/31	NCAA West Regional	3:38.09*
E. Smith, Johnson H. Huxtable, F. Weems	3/1	MPSF Championships	(i) 3:39.73#
H. Huxtable, F. Weems E. Smith, A. Johnson	4/26	Brutus Hamilton Invite	3:39.83*
N. Beneby, K. Bonty, H. Huxtable, E. Smith	4/12	Big Meet	3:43.68
M. Pierce, E. Smith N. Beneby, H. Huxtable	4/5	Texas Relays	3:44.21
E. Smith, Pierce Beneby, Turner	2/2	United Heritage Invite	(i) 3:46.96

## DISTANCE MEDLEY RELAY (METERS: 11:09.00/11:30.00)

Rios-Sotelo, Weems Macdonald, Tam	2/29	MPSF Championships	11:43.30/11:43.30
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## HIGH JUMP (1.75)

Inika McPherson	4/12	Big Meet	5-10.00 (1.78m)*	6-2 (1.88m)
Kristen Meister	5/17	Pac-10 Championships	5-10.00 (1.78m)*	5-11.25 (1.81m)
Tifani Grimes	5/9	Pac-10 Multis	5-5.25 (1.66m)	5-8 (1.73m)
Kristin Holmes	4/3	Cal Multi-Event	5-3.00 (1.60m)	5-3.00 (1.60m)
Sarah Morrison	4/3	Cal Multi-Event	5-0.50 (1.54m)	5-0.50 (1.54m)
Veronica Stimson	2/2	United Heritage Invite	4-10.25 (i)	
Dantia Hudson	4/3	Cal Multi-Event	4-6.75 (1.39m)	4-6.75 (1.39m)

## LONG JUMP (6.00)

Kristin Holmes	4/12	Big Meet	19-8.00 (5.99m)	19-8.00 (5.99m)
Tracey Stewart	4/12	Big Meet	19-3.50 (5.88m)	19-9.75 (6.03m)
Lollie Onipede	1/26	Blue & Orange Classic	18-9.75 (i)	18-10 (5.74m)
Artensia Young	2/29	MPSF Championships	18-5 (i)	18-11.75 (5.78m)
Tifani Grimes	1/26	Blue & Orange Classic	18-1.50 (i)	18-5.75 (5.63m)
Mercedes Marchbanks	4/25	Brutus Hamilton Invite	17-8.00 (5.38m)	18-5.75 (5.63m)
Dantia Hudson	4/3	Cal Multi-Event	16-3.50 (4.97m)	18-0 (5.48m)

## TRIPLE JUMP (12.32)

Cassandra Strickland	5/31	NCAA West Regional	42-5.50 (12.94m)*	43-3.25 (13.19m)
Artensia Young	5/4	Payton Jordan	41-6.00 (12.65m)*w...	41-6.00 (12.65m)
Mercedes Marchbanks	5/4	Payton Jordan	40-9.75 (12.44m)*w...	40-9.75 (12.44m)
Tracey Stewart	5/17	Pac-10 Championships	40-6.00 (12.34m)*	41-9 (12.73m)
Lollie Onipede	3/1	MPSF Championships	36-1.50 (i)	39-9.25 (12.12m)

## POLE VAULT (3.85)

Katie Morgan	5/30	NCAA West Regional	13-11.75 (4.26m)*^	13-11.75 (4.26m)
Allison Stokke	5/17	Pac-10 Championships	13-5.75 (4.11m)*%	13-7 (4.14m)
Theresa Raub	3/22	Hornet Invitational	12-7.50 (3.85m)*	12-7.50 (3.85m)
Cyrena Giordano	2/1	United Heritage Invite	12-11.75#^ (i)	13-0 (3.96m)
Veronica Stimson	2/16	Husky Classic	12-8.25 (i)	13-0 (3.96m)
Taylor Franklin	3/22	Hornet Invitational	11-11.75 (3.65m)	12-6 (3.81m)
Kerry Boyle	4/12	Big Meet	11-1.75 (3.40m)	11-7.75 (3.55m)

## DISCUS (47.30)

Kiely Smith	4/12	Big Meet	127-09 (38.95m)	127-09 (38.95m)
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## HAMMER (54.15)

Kiely Smith	4/5	Stanford Invite	161-01 (49.09m)	161-01 (49.09m)
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## SHOT PUT (14.30)

Daisy Van Ravenswaay	1/26	Blue & Orange Classic	45-3.50 (i)	48-11.75 (14.92m)
Kiely Smith	4/12	Big Meet	37-7.25 (11.46m)	37-7.25 (11.46m)
Tifani Grimes	4/12	Big Meet	37-6.50 (11.44m)	37-6.50 (11.44m)
Kristin Holmes	4/3	Cal Multi-Event	35-3.25 (10.75m)	35-3.25 (10.75m)
Dantia Hudson	4/12	Big Meet	30-11.75 (9.44m)	30-11.75 (9.44m)
Sarah Morrison	4/3	Cal Multi-Event	26-9.00 (8.15m)	26-9.00 (8.15m)

## JAVELIN (43.45)

Danielle Hoolko	4/26	Brutus Hamilton Invite	124-11 (38.08m)	124-11 (38.08m)
Tifani Grimes	4/19	Woody Wilson Open	120-04 (36.67m)	122-11 (37.47m)
Kristin Holmes	5/4	Payton Jordan	114-08 (34.96m)	114-08 (34.96m)
Dantia Hudson	4/3	Cal Multi-Event	44-3.00 (13.49m)	44-3.00 (13.49m)

## WEIGHT THROW (21.00/18.75)

Daisy Van Ravenswaay	3/1	MPSF Championships	49-3.50	50-9.25
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## PENTATHLON (4050/3700)

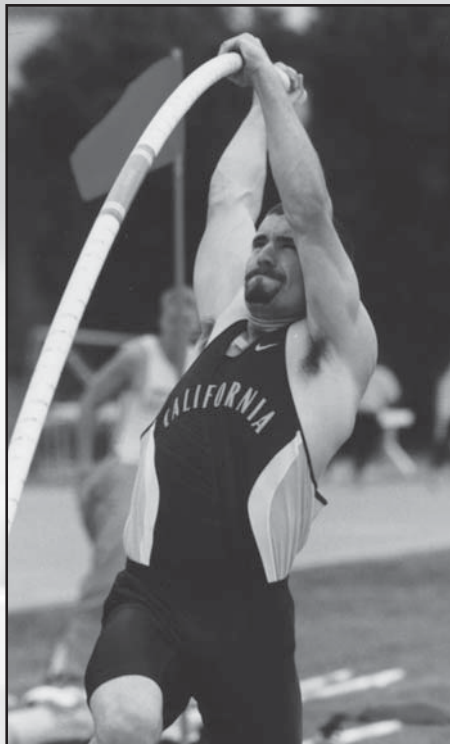
Tifani Grimes	3/1	MPSF Championships	3,672	3,754
Dantia Hudson	3/1	MPSF Championships	3,118	3,118
Sarah Morrison	2/1	United Heritage Invitational	1,943	1,943

## HEPTATHLON (5,500 AUTO./5,050 PROV.)

Tifani Grimes	5/10	Pac-10 Multis	4,863	5,034
Kristin Holmes	4/3	Cal Multi-Event	4,672	4,672
Dantia Hudson	4/3	Cal Multi-Event	3,807	3,807

\* NCAA Regional Qualifier  
\$ Indoor School Record  
% Freshman Record  
^ Outdoor School Record  
i Indoors  
w Wind Aided

# CAL OUTDOOR RECORDS


**Bevan Hart**

**Alysia Johnson**

## CAL MEN'S RECORDS

Event	Mark	Athlete	Site	Year
100 Meters	10.18a	Atlee Mahorn	Provo, Utah	1990
200 Meters	20.20	Atlee Mahorn	Eugene, OR, NCAA Championships	1988
400 Meters	45.46	Peter Howard	Arizona, Pac-10 Championships	1985
800 Meters	1:45.4	Rick Brown	Eugene, OR, Final Olympic Trials	1972
Mile	3:58.62	David Torrence	Berkeley, CA, Calif. Coll. Challenge	2007
1500 Meters	3:39.9	Andy Clifford	ASU, Pac-10 Championships	1979
3000 Meter SC	8:35.37	Kevin Davis	Indianapolis, IN, USATF Championships	2007
5000 Meters	13:31.8	Bolota Asmerom	Mt. SAC Relays	2001
10,000 Meters	29:17.7	Girmay Guangul	Stanford Invitational	2003
110m H	13.39	Larry Cowling	Provo, Utah, NCAA Championships	1982
400m IH	48.46	Larry Cowling	Provo, Utah, NCAA Championships	1982
400m Relay	39.14	Strickland, Burns, Nichols, Walker	Provo, Utah, NCAA Championships	1975
1600m Relay	3:03.9	Wallace, Walker, Mosley, Robinson	Philadelphia, PA, NCAA Championships	1976
High Jump	7-5.75	Jeff Rogers	Kauhajoki, Finland	1990
Pole Vault	18-8.25	Brent Burns	Austin, TX, NCAA Championships	1992
Long Jump	26-6.25	Curtis Rogers	Fresno Relays	1990
Triple Jump	55-0	Ken Williams	Arizona, Pac-10 Championships	1985
Shot Put	66-3	Dave Porath	Stanford, Pac-10 Championships	1981
Discus	210-11	Ramon Jimenez-Gaona	Oregon, Pac-10 Championships	1992
Hammer	229-0	Jari Matinolli	Stanford Relays	1986
Javelin (new)	236-0	Paul Teinert	Sacramento, CA, NCAA Championships	2006
Javelin (old)	267-4	Bruce Kennedy	Berkeley, CA, Kennedy Games	1973
Decathlon	8007	Chris Huffins	New Orleans, NCAA Championships	1993

## CAL WOMEN'S RECORDS

Event	Mark	Athlete	Site	Year
100 Meters	11.33	Antonette Carter	Provo, UT, NCAA West Regional	2006
200 Meters	22.72a	Antonette Carter	Sacramento, CA, NCAA Championships	2006
400 Meters	52.53	Latasha Gilliam	UCLA, Pac-10 Championships	1996
800 Meters	1:59.29	Alysia Johnson	Sacramento, CA, NCAA Championships	2007
1500 Meters	4:09.23	Louise Romo	Los Angeles, CA, Final Olympic Trials	1984
3000 Meters	9:21.42	Marilyn Davis	Berkeley, CA, Triangular Meet	1986
3000 Meters SC	10:22.38	Marielle Schlueter	Berkeley, CA, Big Meet	2002
5000 Meters	15:46.8	Kirsten O'Hara	Austin, TX, NCAA Championships	1985
10,000 Meters	32:40.76	Kirsten O'Hara	Indianapolis, IN, TAC Championships	1985
100mH	13.17	<b>Kimyon Broom</b>	Tempe, Ariz., Pac-10 Championships	2008
400mH	57.61	Helga Halldorsdottir	Oregon State, NorPac Championships	1986
400m Relay	44.28	Omwanghe, T. Johnson, Hawes, Carter	Arizona, Pac-10 Championships	2004
1600m Relay	3:35.46	<b>Turner, Pierce, E. Smith, A. Johnson</b>	Berkeley, CA, Calif. Coll. Challenge	2007
High Jump	6-0.75	Beth Vidakovits	Stanford, Pac-10 Championships	1989
Pole Vault	13-9.25	<b>Katie Morgan</b>	Modesto, Calif., California Relays	2008
Long Jump	22-1	Sheila Hudson	Durham, NC, NCAA Championships	1990
Triple Jump	46-0.75	Sheila Hudson	Durham, NC, NCAA Championships	1990
Shot Put	54-4.75	Kristin Heaston	Arizona State, Pac-10 Championships	1999
Discus	188-11	Kelechi Anyanwu	Sacramento CA, NCAA Championships	2007
Hammer	214-0	Jennifer Joyce	Berkeley, CA, Big Meet	2002
Javelin (new)	152-10	Emilee Strot	Sacramento, CA, NCAA Championships	2006
Javelin (old)	170-7	Kristen Engle	College Station, TX, AIAW	1982
Heptathlon	5624	Ifeoma Ozoeze	Arizona, Pac-10 Championships	1995

**Bold** are returning athletes